

The individualised and specialised rehabilitation program for each patient aims to improve areas such as mobility, balance, upper and lower limb strength and function, ability to manage personal cares, continence, domestic tasks, confidence to return home, preparation for return to work, driving and leisure skills, medication self-management, communication, pain management, education, domestic task completion and community living skills. Home modifications and equipment for home may be organised as part of the coordinated multidisciplinary discharge planning for each patient.

Rehabilitation at Mater Private Hospital Brisbane includes:

- a 34 bed multidisciplinary inpatient rehabilitation service
- Day Therapy Rehabilitation Program, several mornings per week.

Funding for a rehabilitation program

Participation in a rehabilitation program is generally available for people with hospital cover through private health insurance funds. Health fund cover is checked before admission.

Rehabilitation is also available for those covered by Veterans Affairs, WorkCover, third party insurance and privately self-funded patients.

Rehabilitation may be suitable for people with:

- neurological conditions, including stroke, Parkinson's Disease, multiple sclerosis, traumatic brain injury, cerebral palsy, or following neurosurgery
- orthopaedic conditions of the upper and lower body such as hip or knee replacement surgery, spinal surgery, lower limb amputation or recovery from fractures
- general reconditioning following prolonged illness, multiple injuries or respiratory conditions
- after falls at home
- for management of a range of chronic pain conditions.

Some people may be admitted to rehabilitation after acute illness or injury. Others may have longer term or chronic conditions managed at home but would benefit from a period of rehabilitation. Pre-admission medical review is undertaken for all patients, and recommendations can be made regarding rehabilitation needs or options.

The specialised multidisciplinary team at Mater Private Hospital Brisbane Rehabilitation Unit includes: medical specialists in rehabilitation and geriatric medicine, physiotherapists, occupational therapists, rehabilitation nurses, speech pathologists, pharmacists, social workers, dieticians, rehabilitation assistants, personal care assistants, housekeeping, administration and pastoral care staff.

