# Barnaamijka Isku xirka Caafimaadka dhaqamada kala duwan



Barnaamijka iskuduwidda daryeelka caafimaadka ee dad ka soo jeeda dhaqamada kala duwan oo leh baahiyaha caafimaad iyo fayoobi adag

# Ujeedada Barnaamijka

- Wax badan ka baro caafimaadkaaga iyo fayoqabkaaga
- Hel taageero si aad u hesho adeegyada aad u baahan tahay si aad u horumariso caafimaadkaaga

# Barnaamijkaan yaa loogu tala galay?

- Dadka ku nool Brisbane, Logan iyo lpswich City
- Kana soo jeeda dhaqamo kala duwan
- Baahiyaha adag ee caafimaadka iyo kuwa bulsheed
- dhamaan kooxaha da'da kala duwan ah
- Heysta daganaansho buuxda iyo Fiisayaal kale (marka laga reebo dadka ku jira xabsiyada)

# Hawlaha

- Qiimeyn baahiyada caafimaadkaaga
- Wax ka Barashada caafimaadka ee ku saabsan xaaladaha caafimaadka, daawooyinka iyo nidaamka caafimaadka
- Kaalmada u gudbinta adeegyada kale, (sida: Guryaha, adeegyada shaqada, taageerada dhaqaale, GP's iyo kuwa caafimaadka qaaska ah ku tagasusay)

- Barnaamijkan wuxuu la shaqayn doonaa qoyskaaga iyo daryeel bixiyayaasha hadii loo baahdo
- Barnaamijku waa bilaash (oo lacag ma ahan)

## Waa halkee adeegahan?

Kalkaaliso ayaa kaala hadli doonta Meesha aa rabto in aad taageero ka hesho

# **U** gudbin

Buuxi foomkan <u>referral form</u> kuna dir emailkaan <u>mmhcp@mater.org.au</u> ama wac taleefankan: 07 3163 4000 (weydiiso turjumaan haddii aad u baahan tahay mid)

### wax badan baro

Email: mmhcp@mater.org.au

**Phone:** 07 3163 4000

www.mater.org.au/health/services/refugee-health/multicultural-health-coordination-program

#### Scan the QR code:



# Multicultural Health Coordination Program



A health care coordination program for people from multicultural backgrounds with complex health and wellbeing needs

### **Program Aims**

- Learn more about your health and wellbeing
- Get support to access services you need to improve your health

# Who is the program for?

- People living in Brisbane, Logan and lpswich City
- from a multicultural background
- complex health and social needs
- all age groups
- permanent residents and any other visa holder (except people in detention)

### **Activities**

- Assessment of your health needs
- Health education on health conditions, medications, and health systems
- Help with referral to other services (Eg: housing, employment services, financial support, GPs and medical specialists)
- The program will work with your family and carers as needed
- The program is free

### Where is the service?

The nurse will talk to you about where you would like to receive support

### **Referrals**

Fill out the <u>referral form</u> and email <u>mmhcp@mater.org.au</u> or phone: 07 3163 4000 (ask for an interpreter if you need one)

### **Learn more**

Email: mmhcp@mater.org.au

**Phone:** 07 3163 4000

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