# **2016/17** Health. Education. Research





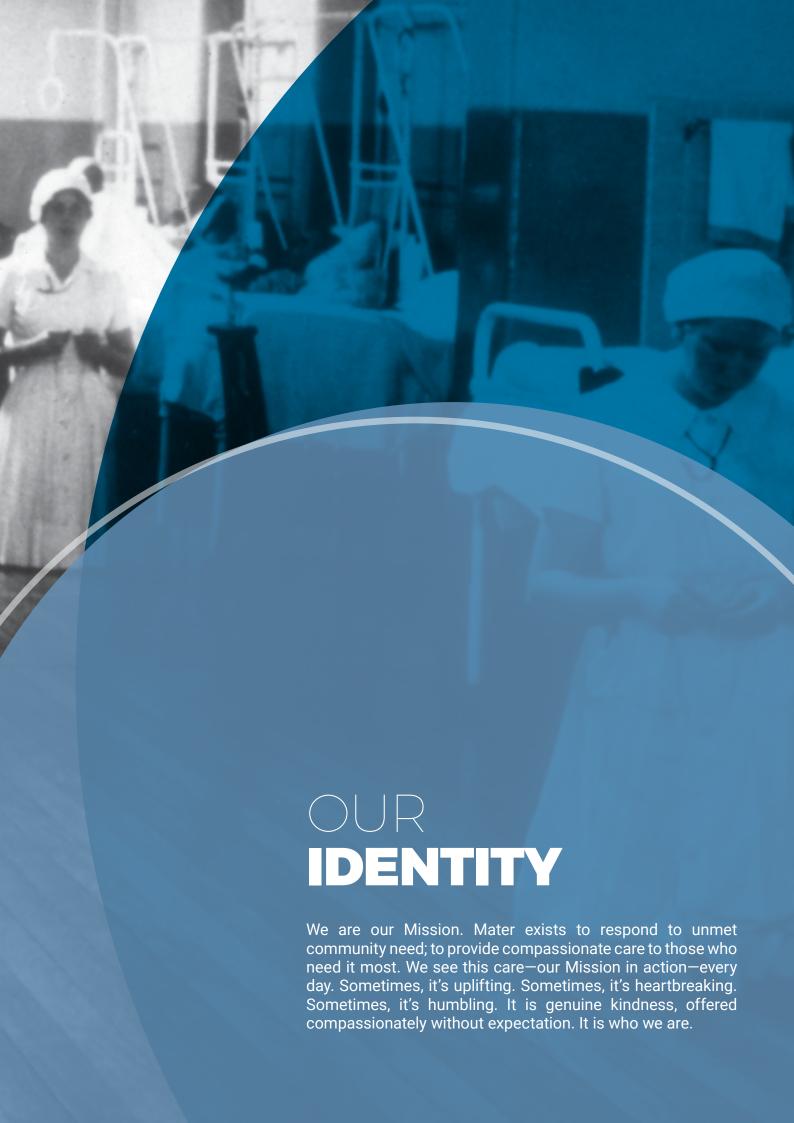




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# WHO WE ARE



#### **Our Mission**

In the spirit of the Sisters of Mercy, Mater offers compassionate service to the sick and needy, promotes an holistic approach to healthcare in response to changing community needs and fosters high standards in health-related education and research. Following the example of Christ the healer, we commit ourselves to offering these services without discrimination.

#### **Our Values**

The Mater Values of Mercy, Dignity, Care, Commitment and Quality guide our interactions with those for whom we are privileged to care, our colleagues and the many people with whom we interact each day.

**Mercy:** The spirit of responding to one another.

**Dignity:** The spirit of humanity, respecting the worth of each person.

Care: The spirit of compassion.

**Commitment:** The spirit of integrity. **Quality:** The spirit of professionalism.

Mater acknowledges that our healthcare services are provided on traditional Aboriginal and Torres Strait Islander lands, and pay our respects to their Elders past, present and emerging. Mater is a not-forprofit, charitable organisation. We do not exist for any other reason than to meet identified community need.

#### Need which...

- responds to special populations such as: people living in economic poverty or with limited economic means; people who are homeless or at risk of homelessness; refugees; Aboriginal and Torres Strait Islander people; people with specific healthcare conditions; and those living in rural and remote areas with limited healthcare access
- · ensures the continuation of required programs which would otherwise be discontinued
- improves overall community health through education or research.

#### Why? It's who we are.

We are a proudly Catholic organisation with a strong and rich history in the traditions and charism of the church. Our Mission to respond to community need underpins our strategic direction.



# OUR HISTORY

Our history is more than words on a page highlighting the many milestones we've celebrated during the past 111 years. Our history is a collection of moments; many of them unseen.

A moment of love between a new mum and her baby too overwhelming to describe in words.

A moment of joy when a researcher receives a result which they know has the potential to save lives.

A moment of hope as an educator watches a class of Diploma of Nursing students graduate, knowing they will continue a tradition of care in the years to come.

These moments are why for the past 111 years we've worked to overcome hardship and adversity with an unwavering commitment to providing compassionate care.

Here is our story.

"Our charity must be in our hearts and from our hearts."

Catherine McAuley establishes the Sisters of Mercy in **1831**.

"Six women who had dedicated their lives to works of charity and mercy arrived ... to bring religion to a rough colonial population."

The first Sisters of Mercy arrive in Brisbane in 1861.

"... an important addition to the hospitals of the city [which will be helpful] to those in need of medical or surgical treatment, and of good nursing."

In **1906**, a private house in Brisbane's North Quay, named Aubigny, is converted into a 20-bed private hospital, the first Mater Private Hospital.

"Already the good work of the Mater Misericordiae Hospital has established a reputation that is widely and honourably known."

Mater Private Hospital opens on 'Mater Hill' in **1910**. The hospital still stands and is now known as Aubigny Place.

"Mater hospitals were conceived for a specific purpose—as vehicles for Mercy Values in action. These Values, compassion and service to the poor and the afflicted, were to be the guiding spirit."

In **1911**, the 40-bed Mater Public Hospital (now the Whitty Building) opens, supported by fundraising and the proceeds generated by Mater Private Hospital.

"The test of whether a people are highly civilised ... depends on how they care for the sick and suffering, the aged, and the helpless little children."

Mater Children's Hospital opens in **1931**, and every bed is immediately occupied.

"Mater Mothers' Hospital was modern and sparkling when it admitted its first patients, exactly 50 years since the first patients were admitted to the Mater Public Hospital."

Mater Mothers' Hospital, opens in **1960**, with accommodation for 140 women.

# "The Mater Public Hospitals will be providing over 450 public beds ... the entire services of the hospital ... are made available to the public free of charge."

After years of planning, the new Mater Adult Hospital opens in **1981**.

#### "Mater Foundation exists solely to help Mater extend the boundaries of healthcare, education and research in our community."

Mater Hospitals' Trust (now Mater Foundation) is launched in **1989** to raise community support to fund research projects, capital works and medical and research equipment.

#### "It was a spectacular achievement."

The new Mater Private Hospital Brisbane (and Medical Centre) is officially opened in **1993**.

# "Since 1914, Mater has maintained a proud history of training clinicians."

Mater Education is formally established in **1998** to provide contemporary interprofessional clinical education and training for both Mater's own staff and the broader healthcare workforce.

## "Research was an essential element of the Mater vision."

His Excellency, Sir William Deane, Governor-General of Australia officially opens Mater Research in **1999**.

# "The seventh child in the Mater family, tucked into its own corner ... was ready for its first patients."

Mater Private Hospital Redland is officially opened in **2000**, expanding the provision of care beyond 'Mater Hill'.

# "Care and love, as symbolised by the lights and lanterns, were carried to the new hospital."

In **2001**, a new Mater Children's Hospital and Mater Children's Private Hospital opens on Stanley Street.

## "Continuing the Mission ... must be the foundation of all we do."

Mater reflects on 100 years of exceptional care, celebrating its centenary in  ${\bf 2006}$ .

#### "The hospital will be able to cater for 10 000 births a year and will have one of the country's biggest neonatal critical care units."

The new Mater Mothers' Hospitals opens in **2008**.

# "The hospital's caring culture, character, warm personality and achievements will remain in the memories and stories of patients and families."

After providing exceptional care to Queensland children for more than 83 years, Mater Children's Hospital closes in **2014**, as government-funded paediatric services transition to the Lady Cilento Children's Hospital.

#### "Today marks a great occasion as we build on this long-standing tradition in providing services to meet the growing needs of our community."

Further expanding Mater's care across the South East Queensland region, Mater Private Hospital Springfield opens in **2015**.

#### "The opening marked the start of a new era in neurosciences at Mater and builds on a legacy that began at Mater in 1954 when the first neurosurgery case in Queensland was performed."

The Mater Centre for Neurosciences opens in **2015**, providing specialist care for stroke, epilepsy, neurosurgery, neurology and spinal surgery patients.

#### "It's wonderful to see it returned to its former glory as an educational facility for Mater and UQ students now and into the future."

In **2016**, the transformation of Mater's heritage-listed Whitty Building into a world-class health education precinct is completed.

Read more about Mater's exceptional history at **history.mater.org.au** 

## OUR **Services**

A Catholic not-for-profit ministry of Mercy Partners, Mater comprises a network of hospitals, health centres and related businesses, a nationally accredited health education provider, and a world-class medical research institute.

We are committed to meeting the healthcare needs of the community through an integrated approach to health, education and research which is focused on delivering the highest quality of care for our patients.

**Mater Health** comprises all Mater hospitals, health centres, Mater Pathology and Mater Pharmacy. These services combine to help Mater offer comprehensive healthcare which meets identified community need.

By delivering public and private healthcare services through a clinical stream model comprising five disciplines (cancer; medical/chronic disease; mothers, babies and women's health; neurosciences and surgical/acute care) Mater Health aims to provide low-variability, evidence-based care which is of the highest quality.

**Mater Education** is a nationally accredited, independent, hospital based Registered Training Organisation—the only one of its kind in Queensland. It offers a range of courses for entry-level students, through to highly experienced practicing clinicians.

Mater Education is Australia's only Affiliate Partner of the internationally renowned Center for Medical Simulation (CMS) in Boston, USA, which provides an exclusive level of access to the resources, skills, advice and experience of a team who are international leaders in the simulation field.

**Mater Research** is a recognised leader in medical research, which connects its findings from bench to bedside, translating medical research into clinical practice to deliver better outcomes for our patients and the wider community.

In 2013, Mater Research and The University of Queensland formalised a long-standing relationship to form the Mater Research Institute-University of Queensland (MRI-UQ). MRI-UQ is an alliance between the two leading institutions working together to achieve the best possible research discoveries in health.

Mater's services across health, education and research are supported by philanthropic support coordinated by **Mater Foundation**, with funds raised supporting the provision of exceptional healthcare, education and world-leading medical research.

By delivering on our aim to improve healthcare through the strategic and consistent integration of health, education and research, Mater will continue to fulfil our Mission to provide compassionate care to those who need it most.



#### OUR

#### **VISION & STRATEGY**

#### **Vision**

In the Mercy tradition, Mater will be renowned as a leader in the delivery of exceptional healthcare and experienced by all as a community of compassion.

#### **Exceptional Every Time strategy**

At the highest level, Mater seeks to improve healthcare through the consistent and strategic integration of health, education and research.

By enhancing and aligning existing capability and experience across Mater Health, Mater Education and Mater Research through the implementation of the *Exceptional Every Time* strategy, these previously somewhat independent, but soon to be highly integrated, ministries will continue to drive toward a common purpose—a healthy community.

Mater's contribution to a healthy community will come from our commitment to the provision of safe, low-variability, evidence-based healthcare which meets identified community need.

#### **Our future**

In 2020, Mater is representative of a modern health service which continues to engage with patients and the broader community in the provision of evidence-based care which has a focus on the dignified treatment of each person. In addition to enabling significant and sustainable benefit for the community in line with our Mission, Mater will:

- consistently deliver the highest quality clinical care and experience across all aspects of its business with a strong focus on integration and collaboration
- deliver a sustainable margin for investment in our Mission and innovative health programs for the benefit of the community
- translate research into practice in a structured and timely manner to deliver best-practice care for our patients
- deliver education programs that provide evidencebased, continual improvement for health services and improve healthcare for our patients as well as health education for the community
- provide the best possible patient care through access to research support and data for Mater clinicians and researchers as well as the broader healthcare community
- be considered a valuable partner who is genuinely willing to share risk, provide innovative solutions and deliver value for all parties
- be renowned for employing people who ask questions, find answers, implement change and monitor outcomes to ensure the highest standards of clinical care.

#### **Our key performance areas**

There are five aspects of continuous focus at Mater. They form the basis for all interactions, assessment and excellence across Mater's business.

**Safety:** At Mater, there is nothing more important than safety. We do not seek credit for this; it is inherent in the Mater experience and should be clearly evident to our staff, our patients and our visitors in all that we do. Every decision and every action taken by Mater People has safety as its guiding principle.

**Experience:** Mater People value customer service and consumer experience as a crucial part of each and every interaction. We know that the same motivation which drives us to deliver exceptional clinical outcomes should drive our approach to service. We seek to meet or exceed each and every person's service expectations, each and every time.

**Quality:** At Mater we believe that quality comes from consistently seeking to provide safe, people-focused healthcare experiences. Delivering evidence-based, low-variability healthcare, exceptional individualised customer service and a genuine commitment to Mater's Values requires that all Mater People constantly seek to improve the quality of our service.

**Efficiency:** As a not-for-profit provider of health, education and research services, Mater People must seek opportunities to deliver services for more people, which means being innovative and focussed and by demonstrating strong stewardship of our finite resources. At Mater this is managed in line with the Values of the organisation and with respect for and by each individual.

**Future viability:** Consistently meeting the needs of the community means always seeking to improve, to innovate and to evolve. Mater People are charged with the responsibility to look for new trends and opportunities which will ensure Mater can meet the challenges of the future by making sensible decisions today.

The Exceptional Every Time Strategy is underpinned by our Mission and Values, which guide us in making appropriate decisions for a sustainable, socially relevant health service for the benefit of our community.





# A MESSAGE FROM MERCY PARTNERS



In challenging times and periods of change it is prudent to return to our core and ground ourselves in our reason for existence.

In Mater's case this core is of course its Mission, and the vision which inspires the Mission to meet unmet need—to provide compassionate care to those who need it most.

As a ministry with a long and rich history, we know that it is both inevitable and necessary that the way in which Mater delivers its Mission evolves over time, as we work to ensure its sustainability in a complex and ever-changing healthcare environment.

While how we carry out the Mission may change, the Mission itself remains steadfast.

It is what differentiates Mater. A commitment to providing compassionate service to the sick and needy is not unique; what has distinguished Mater is its spirited determination to fulfil this vocation regardless of financial, political and social challenges.

Within this 2016/17 Annual Review, some of the ways in which Mater has delivered on this Mission have been highlighted; along with how the organisation is working to ensure it will continue to do so into the future.

Mater's commitment to be of service to others is evident in all it does, and demonstrated via achievements such as Australian-first in-utero surgery to correct spina bifida, establishing a Stillbirth Centre of Excellence to reduce the number of families who experience the heartbreak of losing their child, and undertaking Australian-first simulations to support our clinicians to deliver care of the highest possible standard.

This commitment is also visible in the seemingly 'ordinary' moments which often go unseen.

A Mater staff member helping a patient in need by providing tangible support in the way of clothing or toiletries.

A researcher undertaking a trek overseas to support research into Alzheimer's because they've experienced the disease first hand within their family.

A team of educators banding together each year to donate clothing to women pursuing a career without the financial means to purchase professional attire.

It is the collection of these diverse moments which define Mater. It is **who we are**. And it is evident throughout this publication.

Mercy Partners is entrusted with ensuring our ministries continue to remain faithful to their core, and on behalf of the Mercy Partners Council I congratulate Mater on continuing to do so via genuinely caring for those who come to us in need.

Our thanks to the Mater Boards and the Group Executive for their leadership and commitment to delivering Mater's Mission; and to all those who carry out this Mission on a daily basis.

God's blessings on you all.

Dr Ray Campbell Chair Mercy Partners Council

# A MESSAGE FROM MATER

While the breadth of Mater's services extends beyond traditional patient care, they are underpinned by a Mission grounded in the provision of this care to those who need it most—whether directly via healthcare services or the equally important clinical education and medical research.

Ensuring we continue to provide these services requires action. We know our role as a healthcare provider will significantly change in the coming decade as a result of technological advancements, consumer activation and information access.

To respond to these ongoing changes, we must build the platforms to create an even more dynamic organisation; and to do this, we must take advantage of our unique capabilities—what we do differently to, and better than, anybody else.

**How do we build a strong platform?** By aligning the individual business objectives, and potential of Mater Health, Education and Research as market-facing businesses under a single Mater Group strategy.

It is through this alignment that we will become a vertically integrated health business while maintaining a clear focus on growing high quality hospital care and extending our reach in respect of meeting non-hospital related community needs.

Meeting these aims requires commitment. Commitment to ensuring our hospital-based healthcare service is of the highest standard. Commitment to growth in new markets and segments. Commitment by Mater People to our Mission and Values.

Our hospital care must be evidence-based, have low-variability and be of the highest quality.

We must set ambitious targets to increase revenue and provide a financial margin that enables us to grow as well as to replenish our capital assets. We must maintain a high degree of social relevance and consumer connection, which is crucial to our ability to deliver on our Mission.

Our success requires the commitment of our people.

Our people are our brand. They build our culture and carry the Mission of Mater.

We know that with the support and direction of the Board and Group Executive, our people have the skills, capacity and passion to deliver on Mater's aspirations for growth and development.

Change takes time, and we know Mater People have been challenged by a great deal of change over the past couple of years. That trend is set to continue for the foreseeable future.

These changes however will not just be in response to external forces. We fully intend to steer a course of our own—recognising, but not being constrained by factors beyond our control; rather following a Mater Group strategy—a clear direction to take Mater forward with defined service and business objectives in health, education, research and our foundation. In other words, developing and delivering on an overarching Group strategy to enhance Mater's relevance and viability for the future.

Dr Shane Kelly
Group Chief Executive Officer
Mater Misericordiae Limited

Mr Brian Flannery Chair Mater Misericordiae Limited Board



## A MESSAGE FROM

## **MATER EDUCATION**

The past 12 months have provided a strong indication of Mater Education's commitment to supporting the implementation of the broader Mater Group strategy through the provision of high-quality education, clinical training and professional development: supporting Mater People; those within our care; and our broader community.

This contribution has been enhanced via strong partnerships with Mater Health and Mater Research, demonstrated in several tangible ways during 2016/17. An example of this in action was the delivery of another Australian-first for Mater Education—our in-utero simulation to support Mater clinicians undertaking the Australian-first surgery on a baby diagnosed with spina bifida.

In an immersive simulation involving 40 Mater and Vanderbilt University Hospital representatives across obstetrics and gynaecology, plastic and reconstructive surgery, neurosurgery, and surgical nursing, challenges were identified and overcome prior to the real surgery. The success of the simulation is such that it was presented during Grand Rounds at Vanderbilt upon the team's return to the United States.

Our connection with the United States as the only Australian Affiliate of the internationally renowned Center for Medical Simulation (CMS) in Boston remains strong, and the CMS team visited Mater in February to co-deliver their Simulation as a Teaching Tool program. They followed this with the delivery of their Healthcare Adventures Program—designed to support individual and collective growth amongst healthcare leaders—to our Mater Group Executive and Clinical Stream leadership teams.

Recognition of our expertise and position as a leader in healthcare simulation continues to grow; bolstered in 2016 with a Simulation Australasia 'Project Innovation' Award for the successful delivery of a 24-hour simulation undertaken prior to the opening of Mater Private Hospital Springfield in late 2015. Our inaugural Simulation Fellows also completed their Fellowships, with two new Fellows commencing projects in February (Intensive Care and Emergency Care), increasing the capability of our clinicians in simulation-based education, educational scholarship and research.

The success of our *Mater Mothers' first aid for babies* course was reflected by an increase in its frequency to meet growing demand; more than 900 parents completed the program during 2016/17.

We partnered with Mater Research to launch eight research education programs; including *Mater's Good Clinical Practice* eLearning program, an international program we have enhanced with the addition of a Mater Education Australian contextualisation module. The redesigned *iResearch* program, which creates a Community of Practice for novice researchers to successfully develop and submit research protocols to Mater's Research Ethics and Governance office, was also launched.

We continued to provide clinical supervision and support, with a focus on breadth and depth of clinical placements, and through our agreements with 13 education providers, representing 21 disciplines, have provided more than 170 000 hours of supervision in 2017 to date.

Our commitment to supporting Mater People to achieve professional excellence and work at the top of their scope was evident through the provision of a range of multidisciplinary and interprofessional practice development opportunities. These included the inaugural *Leading Through Times of Change* program for Mater leaders, and our new partnership with the Institute of Healthcare Improvement which has allowed Mater People to complete 42 certificates since its establishment in January.

Our successful Diploma of Nursing program continues to prosper; we currently have 281 students across full-time and part-time study. The quality of our enrolled nursing graduates is reflected by more than 39 transitioning into our Mater workforce as part of graduate program intakes.

We look forward to contributing to the continual improvement in the safety and quality of patient care and experience through effective integration with health and research, and providing stimulating education support and strategies to facilitate a professional learning environment in which all Mater People can learn and thrive together.

Ms Donna Bonney
Chief Executive Officer
Mater Education
Mr John Reynolds
Chair



# A MESSAGE FROM

#### **MATER RESEARCH**

Over the past five years Mater Research has undergone a period of rapid growth and, I am pleased to report, the 2016/17 financial year was no exception. The growth experienced was seen on many levels and has positioned Mater Research as a nationally recognised research entity, within the top 10 in Australia.

This is a significant achievement and is underpinned by an increase in the quantity and quality of research publications produced (from 420 to 480 in the 2016/17 financial year), our success in strategic recruitment, a growth in funding to nearly \$10 million with an NHMRC project grant and Fellowship success rates above national averages, contributing significantly to our ability to connect laboratory science to clinical outcomes.

The role Mater Research has played, and will continue to play, as an essential component of the continual improvement of Mater's clinical care has prompted Mater Research to review its research focus areas to align more closely with the clinical streams of Mater Health. The integration of Health, Education and Research to develop a Mater Group model is already positively impacting our ability to translate research into practice in a structured and timely manner to deliver best-practice care for Mater patients.

A fitting example of this work in action is our successful application to the Queensland Government, as a partner in the Queensland Genomics Health Alliance (QGHA), resulting in the allocation of \$600 000 to demonstrate the use of genomic medicine to diagnose and manage patients with maturity-onset diabetes of the young first diagnosed during pregnancy.

Another example is the acknowledgement by the National Health and Medical Research Council (NHMRC) of our work in stillbirth and allocating significant funding to establish The Centre of Research Excellence (CRE) in Stillbirth. The CRE is focused on the prevention of stillbirth with the aim of improving health outcomes for mothers and newborns.

This year also saw the establishment of The Centre for the Business and Economics of Health in collaboration with The University of Queensland—the only such facility in Australia. The centre is informing policy and practice through a combination of investigator-led and commercial research projects that are designed to find ways to improve health and wellbeing for all Australians.

While patient outcomes are our primary focus, Mater Research also has a strong commitment to our people and particularly to increasing the number of women in lead investigator roles and senior academic positions. To proactively address this issue, Mater Research founded the Gender Equity Working Group (GEWG) with the purpose of advocating, supporting and promoting gender equity. This year the GEWG established 'Research Grants for Outstanding Women' and awarded grants of \$45 000 each to two female researchers to support their career progression.

Through our partnerships, relationships and networks including The University of Queensland and the forming of Mater Research Institute—University of Queensland (MRI-UQ) and the world-class Translational Research Institute we have ensured Mater Research is a recognised leader in medical research and is well positioned to turn scientific discovery into best possible treatment, care and outcomes for patients.

The support of many organisations is critical to our work and most notably we would like to acknowledge Mater Foundation and its donors for their tireless efforts and incredible feats to provide generous contributions to our research. These contributions are invaluable and make the difference in ensuring we deliver on our Mission to translate research into practice to deliver best-practice care for patients and the broader community.

Professor John Prins Chief Executive Officer Mater Research

Mr Jim Walker AM Chair Mater Research Board



## A MESSAGE FROM

#### **MATER FOUNDATION**

Who are we at Mater Foundation? At our core, we are an organisation that enables our supporters to engage in philanthropy.

People like you, who gather early on a cold Sunday morning and bravely face 810 stairs to participate in Climb for Cancer. Everyday Australians who decide to generously make a gift in their Will; leaving Mater a percentage of their estate because they have a strong desire to see their love live on. The dedicated men and women who hop on their bikes and ride more than 1500 kilometres from Alice Springs to Darwin because of their commitment to cancer research. Those who walk five or ten kilometres in the annual RACQ International Women's Day Fun Run in support of Mater Chicks in Pink. Or so kindly send in a donation or regular gift to support the health of seriously ill and premature babies cared for at Mater.

This is merely a snapshot of Mater Foundation's wonderful supporters, donors and volunteers in action during 2016/17.

So while we reflect upon this year's theme—it's who we are—it is gratifying to explore and share these stories because they form the basis of who we are, and why we exist.

Who we are is also woven through our history. It is more than a century since fundraising began at Mater, to support the 40-bed Mater Public Hospital which opened back in 1911. From those early days, Mater has always looked forward and celebrated philanthropy—recognising that it is best directed to the areas that will have a shaping influence on the future, while responding to immediate community needs that would otherwise be unmet.

Highlights from the past year demonstrate this commitment to the future well.

In February, we proudly re-launched the Sister Angela Mary Fund to the public at the 2017 Mater Ball. This endowment fund, which attracted an incredibly generous \$1 million donation on the night, will finance urgent needs to directly benefit mothers and babies today—and for generations to come—including state-of-the-art equipment, ground-breaking research and revolutionary surgical procedures like Australia's first in-utero spina bifida surgery that took place at Mater in July 2016.

This year thousands of our supporters also helped create a first for Queensland with the opening in April of our purposebuilt Pregnancy Assessment Centre in Mater Mothers' Hospital. The centre is open around the clock, caring for all women who require help—from the very beginning of their pregnancy through to six weeks after their baby has been born. Its impact will be significant.

Importantly, who we are is also about funding future innovation through research. Without donor support, our team at Mater Research cannot continue their tireless work on ground-breaking projects that could inform healthcare for generations to come.

Their current areas of focus include changing the way prostate cancer is treated; finding new ways to diagnose ovarian cancer in its early stages; improving the quality of life for young adults with chronic diseases; and chasing an early detection test for colorectal cancer.

So thank you for making the work of Mater Foundation the fabric of who we are today, and for fuelling who we aim to be: a leading health-based fundraising organisation; trusted by our community and renowned for investing in a future of exceptional health, education and medical research.

While there are no quick wins in these fields, your ongoing commitment to Mater's work will help us realise this vision.

#### **Nigel Harris**

Chief Executive Officer Mater Foundation

#### **Phil Hennessy**

Chair

**Mater Foundation Board** 



## OUR HIGHLIGHTS

#### In the 2016/17 financial year, Mater has:

- given hope to parents whose babies are diagnosed with spina bifida by performing Australian-first inutero spinal surgery
- provided individualised care for the one in four women who experience complications in pregnancy by opening Queensland's first purpose-built 24/7 Pregnancy Assessment Centre
- planned for our future by hosting our first Mater Group Strategy Summit
- witnessed tears of joy as we made a one in a million diagnosis, allowing Mater patient Rhonda to walk for the first time in 12 years
- pledged to help reduce the rate of stillbirth in Australia, which has not changed in more than 20 years, by establishing the Stillbirth Centre for Research Excellence
- ensured our consumers have tangible input into services we provide by establishing Patient and Family Advisory Councils
- come a step closer to understanding more about (and one day curing) Alzheimer's disease with the awarding of a \$1.25 million CSL Centenary Fellowship
- better met the dietary and nutritional requirements of our patients by becoming the first hospital campus in Australia to implement hotel-style hospital room service to private and public patients
- made the future of Ugandan toddler Samuel brighter by performing life-changing surgery to correct a rare developmental abnormality
- supported our Australian-first in-utero surgery with an Australian-first simulation, bringing together more than 40 Mater and Vanderbilt University Hospital representatives to undertake an immersive simulation prior to the surgery
- supported the provision of much-needed cardiology services to rural and remote Queensland communities through a partnership with Heart of Australia
- expanded partnerships with medical speciality colleges and further strengthened Mater Education's reputation as a leading simulation-based education provider
- recognised the many Mater People whose efforts across health, education and research were recognised on a national and international level
- distributed \$16.9 million to help purchase life-saving medical equipment, improve patient care and ensure our research teams continue to find better ways to diagnose, treat and ultimately cure life- threatening diseases.



These accomplishments would not be possible without the commitment of Mater People, who through their hard work and dedication continue to fulfil our Mission to provide compassionate care to those who need it most.

## AN AUSTRALIAN-FIRST

## **BRINGS NEW HOPE**



Mater is familiar with firsts—we have been a part of many—and each one carves out its place as an extraordinary moment in our story.

A new moment was added on Saturday 23 July 2016, as a surgical team from Mater Mothers' Hospital became the nation's first to perform in-utero spinal surgery on a 24-week-old baby diagnosed with spina bifida.

After collaborating closely with Vanderbilt University Hospital in the USA, where the high-risk surgery was pioneered, a team of Mater doctors and nurses undertook the operation with a team of experts from Vanderbilt on-hand to assist. Spina bifida, a condition where the lower part of a baby's spine is open, currently affects one in 2000 pregnancies in Australia.

Families often discover the diagnosis of spina bifida at their 18 to 20 week ultrasound scan, but prior to Mater undertaking this groundbreaking surgery, Australian parents were required to either wait until the birth of their baby for surgery to be performed, or seek the surgery overseas.

A seven-year clinical trial undertaken in the USA has provided proof that prenatal in-utero surgery achieves stronger outcomes for babies diagnosed with spina bifida. The trial results show improved mental development and motor function, as well as increased likelihood that a child will walk unassisted.

The complex surgery can only be performed during a three week window—when the pregnancy is between 23 and 25 weeks.

Before the operation took place, the Mater team participated in a simulated surgery with the team of experts from Vanderbilt.

Mater Mothers' Hospital Director of Maternal Fetal Medicine, Dr Glenn Gardener, who led the local team, said the support from Vanderbilt had been invaluable. "To simulate the surgery was an amazing opportunity.

"It allowed us to step through the procedure, find out if there were any issues and to play out different scenarios to ensure that safety for the mother and baby was optimised.

"The result was that the surgery went as well as we could have hoped," Dr Gardener said.

Following the surgery's success, Mater Mothers has performed a further three surgeries, as it works towards establishing itself as an Australasian hub for the procedure.

#### Spina bifida

Spina bifida describes a group of spinal abnormalities that occurs within the first four weeks of a pregnancy when the baby's developing spine (neural tube) fails to close properly. Spina bifida is the incomplete development of:

- the spinal cord
- the bones forming the spinal column (vertebrae)
- the overlying skin.

In the most severe form (myelomeningocele) the spinal cord nerves and meninges bulge through an opening in the spine to form a sac on the outside of the baby's back.



David, Claudine and baby Harvey.

#### Mater's baby of hope

Imagine being told that your child had been diagnosed with spina bifida. Then imagine that this was your third baby to be diagnosed with the disease.

For Claudine and David, this was their reality in July 2016.

Claudine and David's story, which featured on ABC's 'Australian Story' in February 2017, turned from heartbreak to hope after their doctor in Sydney referred them to Mater's Dr Glenn Gardener.

"He was one of the first doctors we spoke to who was even remotely positive about spina bifida," Claudine said.

A month later, on 26 August 2016, Claudine became the second person in Australia to undergo in-utero surgery for spina bifida at Mater Mothers' Hospital.

The couple returned home to Sydney following the surgery for Harvey's impending arrival on 31 October 2016, and chose to share their story to help others in similar circumstances.

"A lot of healing comes from sharing stories. There are lots of people out there having a terrible time... and I haven't met anyone that I could share that experience with and I would have liked that," Claudine said.

During their time at Mater, Claudine and David built a strong friendship with Sister Angela Mary, who for more than half a century has championed better healthcare for Mater patients and their families. A special fund—the Sister Angela Mary Fund—ensures her legacy, in providing exceptional care for mothers and babies, continues for generations to come.

# MEETING THE NEEDS OF

#### **OUR MATER MUMS**



Mothers, Babies and Women's Health Services Medical Director Dr Mike Beckmann and Mater Mothers' Hospital patient Tebony Justins, who has experienced the devastating loss of three miscarriages and a stillbirth.

# Pregnancy assessment now covered 24/7

Mater has opened Queensland's first 24-hour Pregnancy Assessment Centre (PAC), changing the way care is provided to women who experience pregnancy-related complications.

The purpose-built centre opened its doors in April 2017, giving women access to immediate, specialised obstetric care.

One in four Australian women expecting a baby will experience complications early in their pregnancy (up to 20 weeks' gestation) and traditionally these women have had only two options—present to an emergency department or wait to schedule a visit with a GP.

Mater knew there was a need. In 2016 alone we recorded almost 2000 presentations to Mater Hospital Brisbane Emergency Department from women experiencing pregnancy related issues.

The centre meets this need, presenting a new model of care. From one dedicated location, a team of specialised doctors, nurses, and midwives are on-hand to assess and care for pregnant women who are experiencing complications.

Mothers, Babies and Women's Health Services Medical Director Dr Mike Beckmann describes the 'unique' model of care:

"The environment we have designed has separate spaces for women presenting with different problems to enable us to really tailor the care we provide.

"Whether it's 2 am or 2 pm, women can present at the centre, and receive care from experts in an environment that is specifically designed to manage pregnancy complications," he said.

# "Knowing there is a specialised facility that's open to everyone 24/7 gives me so much comfort and will be invaluable for any expectant mother."

Mater Mothers' Hospital patient, Tebony Justins

#### One million 'thank yous'

The generosity of Mater donors has ensured women receive specialised care from the beginning of pregnancy up until six weeks after their baby is born—with more than \$1 million donated to build the Pregnancy Assessment Centre.

Mater Foundation Chief Executive Officer Nigel Harris thanked all donors, including individuals and corporate supporters, for supporting a new service that will change the course of care for pregnant women.

"I sincerely thank the many donors who contributed to the Centre, whether it was a result of community fundraising activities, corporate donations or individual gifts. You have all enabled the Pregnancy Assessment Centre to become a reality," he said.

# New service model supports complexity in neonatal critical care

Mater's Neonatal Critical Care Unit (NCCU) is delivering better outcomes for babies after transitioning to a new service model in late 2015.

The transition saw the unit change the way it groups babies in the intensive care setting—putting greater emphasis on 'reason for admission' when determining where babies are placed.

In the past babies were admitted to one of three core sections in the NCCU—the intensive care nursery, the high dependency nursery, or the special care nursery.

The unit now supports two intensive care areas (preterm/medical and cardiac/surgical), as well as a special care/transition to home nursery.

The transition—a challenging process that took close to 12 months—was driven by growing numbers of intensive care patients being admitted and increasing complexity in the care required.

Director of Neonatology Dr Lucy Cooke said the new model was delivering positive outcomes.

"By admitting babies based on diagnosis we can ensure that the care provided to every baby is of the highest quality and is appropriate to each baby's needs," she said.

Mater's NCCU cares for more than 2000 babies each year—our Mater Little Miracles. It is now the statewide referral centre for newborn babies with congenital heart disease and the regional referral centre for newborns requiring surgery soon after birth.





#### **Support extends beyond pregnancy**

The care we provide Mater mums doesn't end after they welcome their babies into the world.

To support new parents during what can be a daunting and at times overwhelming experience, Mater launched the Mater Mothers' Parenting Support Centre in September 2016.

The centre offers parenting support and guidance to parents for up to six months after the birth of their baby, delivering a range of carefully tailored services to address issues such as breastfeeding and feeding, sleep and settling, emotional wellbeing, infant interactions, and adjusting to the new role of parent/caregiver.

# **SECOND CHANCE**

#### Rhonda's 12-year wait for the right diagnosis

For 12 years Rhonda Hodges suffered chronic pain and was unable to walk or sit comfortably in a chair, her condition baffling the numerous medical experts she sought out for treatment

Then a chance encounter with Mater rehabilitation specialist Dr Saul Geffen, in the midst of a busy medical clinic, set in motion a new path of investigation that would finally unlock the mystery surrounding Rhonda's illness.

Initial treatments trialled by Dr Geffen proved ineffective but after seeking the advice of colleagues in the field of neurology he arranged for Rhonda to be admitted to Mater Centre for Neurosciences.

Here Neurologist Dr Stefan Blum, who had an inkling Rhonda might be suffering from the very rare condition known as Stiff Person Syndrome (SPS) undertook tests that confirmed his suspicion.

Stiff Person Syndrome is a rare acquired neurological disorder characterised by progressive muscle stiffness (rigidity) and repeated episodes of painful muscle spasms.

It affects just one in every one million people and the severity and progression varies from case to case.

For years Rhonda, 61, had suffered tremors in her arms and spasms in her legs before one day arriving home from work and collapsing in her husband's arms. At this point her deterioration left her unable to walk.

Following diagnosis of SPS, Dr Blum and his colleague Dr Rob Campbell collaborated to devise a trial treatment plan for Rhonda that involved injecting a dose of intrathecal baclofen (a muscle relaxant) into her spinal fluid. The trial's result proved life-changing.

#### "I woke in the morning and could wiggle my toes ... I was just so happy," Rhonda said.

From here Dr Blum and his team proceeded with a plan to insert a baclofen pump via catheter into Rhonda's spinal cord. The pump would need refilling once every three months, but this could be done via a simple outpatient appointment.

Baclofen pumps have been used for many years for other conditions such as cerebral palsy and multiple sclerosis, but Rhonda's case was the first time in Australia one had been employed for the treatment of SPS.

Today Rhonda is walking again and enjoying the kind of full and happy life she once thought was impossible.

"Now I've been given a second chance, and I feel so blessed, so grateful to Dr Geffen and all the Mater People involved in giving me my life back," Rhonda said.



## IMPROVING THE

#### **DELIVERY OF CARE**

# Hotel-style room service improves patient nutrition and reduces waste

In April 2017 Mater's South Brisbane campus became the first hospital campus in Australia to roll out hotel-style hospital room service to private and public patients.

The initiative was introduced to better manage patient dietary requirements, provide more flexibility with meal times, enhance the quality and range of meals provided, and reduce food wastage.

Now delivering more than 2000 ordered meals to patients each day, patient satisfaction scores are up and plate wastage has reduced by 17 per cent.

Mater's Director of Nutrition and Dietetics Sally McCray said the new model represented healthcare innovation at its best.

"Mater has seen significant increases in patient satisfaction scores since room service was introduced.

"On average we have also seen a 20 to 25 per cent increase in both calorie and protein intake in at-risk patients following the implementation of room service across the campus."

The room service model was initially rolled out at Mater Private Hospital Brisbane in 2013 and was recognised with two Private Hospitals Association of Queensland Awards for Non-Clinical Innovation.



Mater Group CEO Dr Shane Kelly takes a look behind the scenes of our room service delivery.

# High-tech chair revolutionises diagnosis of vestibular problems

A \$170 000 spinning chair is helping Mater audiologists diagnose and help treat vestibular problems (commonly referred to as dizziness and balance issues) that previously took several clinic visits to identify.

The Rotary Chair, funded through a Queensland Health New Technology Funding and Evaluation grant, arrived at Mater in October 2016 and represents the latest technology in vestibular system testing.

Currently it is the only one of its kind being used in Queensland. During testing patients are seated in the Rotary Chair wearing goggles to record their eye movements. The Rotary chair then rotates to stimulate the vestibular system in both ears so that abnormalities can be identified.

The Rotary Chair's detailed results allow audiologists to bridge the gap between differing results from other tests. The Chair also enables them to track deterioration of vestibular function in patients who may be affected by treatments such as chemotherapy, or track improvement in patients who undergo vestibular rehabilitation therapy to monitor their progress.



Caroline Balke, Kathryn Diprose, Racheal Johnson, Jackie Moon and Rena Kulandaivelu test out the Rotary Chair.

## TAKING THE LEAD ON

#### STILLBIRTH RESEARCH

Research that will reduce rates of stillbirth in Australia is being led by Mater Research Institute-University of Queensland, following establishment of the Stillbirth Centre for Research Excellence (CRE) at Mater in November 2016.

The Stillbirth CRE represents the first national research effort dedicated to investigating stillbirth and its causes.

For the past 20 years the rate of stillbirth in Australia has not changed, despite a steady decline in stillbirth rates occurring worldwide.

There are six stillbirths in Australia every day, which is more than 2000 a year and in 40 per cent of cases the cause is never determined.

The CRE is funded by a \$2.4 million National Health and Medical Research Council grant and brings together seven research centres operating across the country in partnership with Stillbirth Foundation Australia.

The goal is to reduce the stillbirth rate after 28 weeks' gestation and improve the quality of care provided to affected families.

Project leader Associate Professor Vicki Flenady said the Stillbirth CRE plans to reduce stillbirths by a third within the project's projected five-year life span.

"We are working on generating new knowledge about causes and prediction of stillbirth, as well as novel interventions for implementation of best practice in prevention and the care provided after stillbirth occurs.

"The majority of these deaths are not appropriately investigated or classified in terms of their cause. Up to 60 per cent of stillbirths that occur near term are classified as 'unexplained'.

"Our research has shown that up to 50 per cent of bereaved parents in Australia and New Zealand feel unable to talk about their babies and that their baby is neither acknowledged nor valued," she said.

The Stillbirth CRE is able to coordinate a sustainable network for engaging experts throughout the country and provide an effective pipeline from discovery to clinical intervention—which will lead to measurable change.

"Critically, our program is based on research priorities developed through multidisciplinary, parent and community consultation (including Indigenous consultation) in Australia," Associate Professor Flenady said.





Associate Professor Vicki Flenady has been a nurse and midwife for close to 40 years.

She played a lead role in establishing the International Stillbirth Alliance, a non-profit coalition of organisations whose mission is to raise awareness of stillbirth and to promote global collaboration in the effective prevention of stillbirth and provision of appropriate care for parents whose baby is stillborn.

Vicki has been an active researcher and speaker for many years.

Her research has been extensively published and cited in international journals and she has been involved in a number of reports and guidelines related to fetal mortality.

## SHAPING HOW

#### **WE DELIVER CARE**

#### Mater Private Hospital Redland resets care to be Exceptional Every Time

A dynamic new initiative designed to enhance patient experience and improve service efficiency is achieving exciting results at Mater Private Hospital Redland.

CaREset (Care Reset) was developed after a comprehensive review of operational management, staff processes, and patient experience at the hospital.

Introduced at Mater Private Hospital Redland in early 2017, CaREset put in place a new mode of operation that is focused on better meeting service targets and encouraging strong staff engagement.

Key operational features include a three minute bell target (whereby staff aim to answer all patient bells within a three minute timeframe), purposeful hourly nurse rounds, two 'buzz' meetings each day for staff to share and discuss results and potential issues, and leader rounding each day with patients to ensure the program is working.

Mater Private Hospital Redland Director of Clinical Services, Tracey Hutley, described the outstanding results of the new initiative.

"Through this comprehensive program we are enhancing our patient experience, improving service efficiency and supporting staff as they make a meaningful difference to the delivery of care.

"Since implementation 98 per cent of bell calls have been answered within three minutes, with an average response time of 44 seconds; the hospital has recorded a significant reduction in falls and pressure injury rates; and patient satisfaction scores have soared.

"These results would not have been possible without the exceptional engagement from our team; they deserve recognition for their outstanding efforts," she said.

"These results have made our team very proud of the work they have achieved in a very short time and now we want continue to push ourselves to achieve even greater results in the future."

Jackie Wrigley, Nurse Unit Manager, Patient Care Unit 1



Members of the Mater Private Hospital Redland team who have supported improved patient outcomes via the CaREset initiative.

# **Consumer partnerships contribute to provision of care**

Consumer participation is internationally recognised as a key factor in the delivery of safe, quality healthcare and Mater is committed to ensuring our consumers have tangible input into the services we provide.

In August 2016 Mater Private Hospital Springfield created its Patient and Family Advisory Council, comprising seven consumer representatives from the Springfield area, who meet on a quarterly basis to discuss issues as diverse as service planning, quality and safety outcomes, and employee education.

Each meeting delivers feedback that is informed by consumer experience which represents a diverse range of backgrounds including security, immigration, health and science, aviation, customer service, and full-time caregiving.

Mater Private Hospital Springfield Director Justin Greenwell said the importance of engaging with consumers could not be underplayed.

"The Council plays a key role in helping shape our services and we will continue to strengthen these partnerships to allow the perspectives of our patients, their families and carers to contribute directly to the planning, delivery and evaluation of exceptional care at Mater Private Hospital Springfield," he said.

# WORLD-CLASS SIMULATION PROGRAMS PREPARE FOR

#### **EXCEPTIONAL CARE**

Since 2014 Mater Education has been honing its skills as a leader in medical simulation programs which are now considered crucial for the delivery of exceptional healthcare. Medical simulation uses advanced educational technology to allow healthcare professionals to experience as they learn. High-fidelity scenarios simulate real-life medical and crisis management situations, calling on participants to respond by developing their communication and collaboration skills. Simulation is seen as one of the most effective pathways to improving safety, quality, and education in healthcare—and during the past 12 months, it has done just that at Mater.



Dr Glenn Gardener addresses the Mater and Vanderbilt team prior to the commencement of the simulation.

#### **Mater Education leads Australian-first surgery simulation.**

Before undertaking Australia's first spinal surgery on an inutero baby diagnosed with spina bifida in July 2016, a team of doctors and nurses from Mater Mothers' Hospital had already participated in an advanced simulation of the highrisk operation.

Three days before the real surgery took place, the Mater team was joined in theatre by a medical team from Vanderbilt University Hospital in the USA (the pioneers of prenatal surgery for spina bifida) for a five-and-a-half hour surgery enactment.

The two teams represented a combined total of 40 medical staff, making the simulated surgery a critical step towards supporting the success of the real operation.

#### Like the high-risk surgery it preceded, the simulation was a first for Australia.

Mater Education Director of Simulation Melanie Barlow, who coordinated the surgery simulation, said it prepared the teams for what was ahead.

"Our idea was to step through the simulation once, find out where the kinks lay then re-simulate it. We needed to ensure we had contingencies in place if there were any issues with the mother or baby during surgery," she said.

Mater's team leader, Director of Maternal Fetal Medicine Dr Glenn Gardener, said the experience allowed the two teams to bond.

"In the simulation we actually used a mannequin as if it were a real case. We had lots of discussion and shared lots of invaluable information.

"We were all confident at the end of the simulation that we would work well together; we were all on the same page and knew exactly what we were doing," he said.

Vanderbilt University Hospital Professor of Neurological Surgery Dr Jay Wellons described the simulation and following surgery as an amazing opportunity for his team.

"It's clear that this institution, this country and this town are ready for this—it was a remarkable experience for our teams to have integrated in that way," Dr Wellons said.



Mater Education Director of Simulation, Melanie Barlow (centre) and the simulation team with the prestigious Simulation Australasia Project Innovation Award.

#### Hospital simulation nets top award

A world-first simulation exercise to support the opening of Mater Private Hospital Springfield in late 2015 has stamped Mater as a national leader in this innovative discipline of healthcare training and education.

For a 24-hour period prior to opening in October 2015, Mater Private Hospital Springfield operated as a fully simulated hospital facility where community volunteers acted as patients.

While the hospital's doctors, nurses, administration and ancillary staff went about their work, a team of simulation experts from Mater Education were testing and evaluating processes and facilities throughout the new campus to ensure that each and every one was ready to go 'live'.

The ambitious exercise won Mater Education the coveted Simulation Australasia Project Innovation Award at the 2016 Simulation Australasia Annual Awards.

"We are thrilled by this prestigious recognition.

"This was a major project that required significant cooperation from all involved—the Mater Private Hospital Springfield project team, leadership team and staff, as well as several community services and local community members," Mater Education's Director of Simulation Melanie Barlow said.

#### Pregnancy assessment centre fully trialled before going live

Before Mater went live with Queensland's first 24-hour Pregnancy Assessment Centre in April 2017 the Centre had already been put through its paces by a series of detailed simulation exercises.

For a three-day block in the lead-up to the Centre's opening, trained volunteers and Mater clinicians worked through an intensive program of simulations which presented them with real-life patient scenarios, such as bleeding in early pregnancy, decreased fetal movements, and miscarriage.

The simulations had been developed by Mater Education to provide detailed testing and evaluation of all aspects of the Centre and its services prior to the first patient admission.

The simulation program developed for the Pregnancy Assessment Centre utilised Mater's world-class simulation facilities to test both medical care and administration services.

"We're lucky to have access to the most advanced simulation facilities available to support our clinicians," Melanie Barlow said.

# HEART OF AUSTRALIA BEATING STRONG WITH

## **MATER'S SUPPORT**



Dr Rolf Gomes and Mater Group Chief Executive Officer, Dr Shane Kelly.

In July 2016 Mater Chief Executive Officer Dr Shane Kelly watched an episode of ABC's 'Australian Story' about a road train that travels hundreds of thousands of kilometres each year delivering specialist cardiology services to rural and remote Queensland communities.

He was inspired by this out-of-the-box approach to solving unmet need and instantly saw parallels with the Mater Mission; so it wasn't long before Dr Kelly contacted the service's founder Dr Rolf Gomes with an offer of support.

On Monday 27 February 2017 Mater signed on as a partner with the Heart of Australia program, pledging its support to ensure Dr Gomes and his team can continue to provide Queenslanders living in rural and remote communities with front-line specialist cardiology services.

Heart of Australia operates out of what it describes as a customised road train—a specialist medical clinic-on-wheels—that is equipped with two private clinic rooms, a testing room, and a reception area for patients."

As the program's heartbeat, cardiologists, sonographers, operational and administration staff and drivers help bring clinical and diagnostic infrastructure on a fortnightly basis to 13 regional, rural and remote area communities across Queensland, including Dalby, Goondiwindi, Stanthorpe, St George, Charleville, Roma, Emerald, Barcaldine, Longreach, Hughenden, Winton, Charters Towers, and Moranbah.

To date Heart of Australia has provided consultations to more than 3000 patients and as a result, provided more than 30 referrals for open-heart surgery.

Dr Kelly described Mater's partnership with Heart of Australia as a perfect fit.

"There is a disparity in health outcomes in rural areas compared to metropolitan areas in Australia, and this program is really making an impact to reduce the difference in patient outcomes for rural and remote patients.

"As a not-for-profit organisation, Mater's Mission is to meet unmet community need and the work of Heart of Australia perfectly fits that Mission."

Dr Gomes said the Mater partnership was critical to the program.

"We are delighted Mater shares our vision to remove barriers to access for people living, working and traveling within regional communities. We are extremely grateful for Mater's support and look forward to achieving greater health equity through our partnership in the future," Dr Gomes said.

# LEADING THE WAY





#### The Caring Continues—Australia-wide expansion continues for Mater Products

Mater Mothers' Hospitals' maternity and baby care products continue to be acknowledged across Australia for their exceptional quality and effectiveness, with the range entering new channels and being honoured with further consumervoted awards.

Mater Nappies are now used in childcare centres caring for more than 5000 families in Queensland and Victoria, with further states marked for future growth. These centres are choosing Mater Nappies for safety, quality and value—hospital-standard, high-performing products resulting in centres using fewer nappies while offering even better comfort for babies' skin.

Mater's unwavering commitment to product safety and effectiveness were recognised by major consumer-led awards including Mater Nappies voted as 2016 Product of the Year in the Baby category (as voted by 14 422 consumers) and gold and silver recognition at the 2016 Bauer Mother & Baby Magazine Awards.

Mater products also expanded into more Woolworths Supermarkets, in South East Queensland. Through this in-store presence and community mothers' events, Mater Products were able to drive increased awareness, engagement and reach of the Mater Mothers' brand—continuing our exceptional care from hospital to the home.

#### A State leader in sustainability

Mater's efforts in environmental sustainability were recognised in December 2016, as we were announced overall winner at the Premier's Sustainability Awards presented by the Department of Environment and Heritage Protection Queensland.

The coveted Premier's Award was awarded to Mater in recognition of our progressive *Sustainability at Mater* program which has been coordinating sustainable practices across the organisation since 2008.

The Sustainability at Mater program incorporates over 200 projects, involves thousands of staff, and has resulted in \$3.5 million in savings for Mater since its inception.

In addition to taking home the Premier's Award in 2016, Mater also won the Business Eco-Efficiency Award and was a finalist in the Minister's Award for Leadership in Sustainability.



# SUPPORTING

# THE BEST POSSIBLE **START TO LIFE**



The 2017 Mater Ball.

More than 800 Mater supporters came together on Saturday 11 February for the 2017 Mater Ball—enjoying a night of great food and entertainment-to celebrate the act of giving.

Hosted at the Brisbane Convention and Exhibition Centre by long-term Mater supporters Andrew Lofthouse and Melissa Downes from Nine News Brisbane, the evening showcased the exceptional work carried out at Mater across health, education and research.

The ball was an opportunity to thank Mater's generous supporters who rallied together to raise \$140 000 for seriously ill and premature babies cared for at Mater.

**Mater Foundation Chief Executive** Officer, Nigel Harris, said funds raised will support Mater's tiniest patients; helping to give all babies born and cared for at Mater the best possible start to life.

"These funds will allow for the continued investment in critical and life-saving research to help the 10 000 babies delivered each year at Mater, 2000 of whom will need aroundthe-clock care in Mater's world-class Neonatal Critical Care Unit."



Mater's NCCU cares for 2000 babies each year ... five of whom were the Wales quintuplets, born in 1991.

# New records for RACQ International Women's Day Fun Run

On Sunday 5 March 2017 a record 12 000 participants created Brisbane's largest sea of pink at the RACQ International Women's Day Fun Run, all in support of women with breast cancer cared for at Mater.

Fundraising also broke previous records with participants and their supporters raising more than \$500 000 for Mater Chicks in Pink.

Mater Foundation Chief Executive Officer Nigel Harris said he was very pleased to see the event, which has grown from humble beginnings 26 years ago, reach new heights in 2017.

"For so many, the RACQ International Women's Day Fun Run means so much more than a Sunday morning run through Brisbane city.

"The impact of this event on the lives of women with breast cancer, at a time when they need it most, is immediate and truly invaluable," he said.

Mater Foundation wishes to thank all of our event partners and sponsors for the incredible support provided, especially our major partners RACQ, rebel, Nine Network and Hit 105.





Funds raised will go towards providing women with breast cancer tangible support services such as counselling, yoga, art therapy and mastectomy bras, and will also help to fund life-saving research at Mater to better understand and treat breast cancer in the future. Women like Simone.

Sitting at her dining table, Simone looked into the beautiful faces of her three sons.

With a deep breath, she uttered the four words no parent wants to say and no child wants to hear.

"I have breast cancer."

Simone was just 44 years old

"I couldn't believe it when my GP told me I had breast cancer," she said.

Simone had to wait a week before she could see a breast surgeon and it was a week riddled with anxiety, panic attacks and fear—for herself and her boys.

"I was in complete despair, everyone kept saying it would be early stages.

But the breast surgeon confirmed Simone's worst fears; she had stage three breast cancer.

"My whole body was shaking and I was hanging on to his hand for dear life and then he said to me, 'It's treatable. It's curable' and that became my mantra.

"I kept thinking, 'I want to see my boys grow up'."

A week later, a scan revealed Simone's cancer was contained to her left breast.

The day Simone started chemotherapy, her partner sang'Always look on the bright side of life' as they walked into Mater.

"From there it was all pretty intense and after being hooked up to the chemo, I felt like ripping everything off me and running away."

Thankfully, through the support of our generous Mater donors, Mater Chicks in Pink was on hand to give Simone some new mastectomy bras following her operation.

"The bras were brilliant, especially the ones with the soft foam that I had after my first mastectomy.

"There's so much cancer out there, you just don't know if it will ever be you. One day can be normal and the next day you get given a cancer diagnosis out of the blue

"Being fit and healthy doesn't guarantee that you won't get cancer—so we need to keep raising money to fund more research so we can kill off this disease and save women's lives," she said.

# CELEBRATING 20 YEARS OF

# CULTURAL SUPPORT AND ADVOCACY



Gwen Ibarra, Beck Thompson and Shannon Watego.

In 2017 Mater's Aboriginal and Torres Strait Islander Liaison Service is celebrating a special milestone.

For two decades this trailblazing service has been ensuring that Aboriginal and Torres Strait Islanders accessing care at Mater are met with cultural support, advocacy and information.

The Aboriginal and Torres Strait Islander Liaison Service is a true Mater success story, having developed from humble beginnings into a highly valued and multifunctional service.

Today the service provides dedicated staff members who work throughout Mater's South Brisbane campus and via telephone support to Redland and Springfield as needed—supporting members of the Aboriginal and Torres Strait Islander community in a range of ways.

From providing culturally appropriate information and accompanying patients to appointments, to liaising with hospital multidisciplinary teams and linking patients and their families to external referral agencies, community organisations and Mater People, the team responds to need on a daily basis.

Indigenous Liaison Officer Gwen Ibarra, who has been a part of the service for 10 years, describes her role as one of advocate, and a guide through the health journey of her patients and their families.

"Hospitals can be daunting for Aboriginal and Torres Strait Islander people, particularly those from rural and remote areas. "I'm here to make sure patients and their families aren't overwhelmed; that they feel protected and supported—like someone is looking out for them," she said.

Shannon Watego, who has also been part of the service during the past 11 years, feels privileged to have walked alongside many thousands of patients during both difficult and joyful healthcare experiences.

"The service aims to help empower people to take charge of their own health," she said.

The Aboriginal and Torres Strait Islander Liaison Service is managed by Mater's Group Director, Mission Leadership, Madonna McGahan.

"When the service was established, it would have been difficult to envisage where we would be 20 years down the line, but I'm thrilled to say the Aboriginal and Torres Strait Islander Liaison Service simply goes from strength to strength.

"Some of the highlights include the improved identification of Aboriginal and Torres Strait Islander patients accessing our services, greater Mater staff awareness of specific patient needs, and the introduction of the Murri Clinic in 2004 (now known as Birthing in Our Community); which provides expectant mothers and their families a culturally safe and caring environment during their pregnancy journey," she said.

# 'Mater is so lucky to have these strong women'



Jemma (above) and Beck (below) with baby Bailey.



Gladstone mum Jemma Davey's third pregnancy had been going to plan until her water broke unexpectedly at 27 weeks.

Unable to access the care she needed locally, Jemma was quickly transferred to Mater Mothers' Hospital.

Adding a further complication to the pregnancy, Jemma had already been diagnosed with Addison Disease—a rare endocrine hormonal disorder of adrenal insufficiency.

Arriving at Mater could have felt like being in a whirlwind for Jemma, but Aboriginal and Torres Strait Islander Liaison Service team member Beck Thompson was on-hand to make sure that didn't happen.

Mater medical staff assessed Jemma and decided she wasn't going to deliver straight away, so Gwen and Beck, with support from Mater's Social Work team helped settle her into accommodation at Ronald McDonald House where she could wait for her baby's arrival.

"They [the service] did everything for me," Jemma said.

"They were so helpful and supportive, which meant everything because I was away from my family," she said.

Jemma spent a total of 12 weeks at Mater with Beck and the rest of the Aboriginal and Torres Strait Islander Liaison Service team keeping a watchful eye on her.

When Jemma delivered her baby Bailey via caesarean section. Beck was her support person in the delivery suite.

"Beck attending the birth of my baby was really special."

"She was there to meet Bailey with me and I really valued having someone by my side in case I needed a voice," she said.

Jemma has been back to Mater for treatment of her Addison Disease since the birth of Bailey and each time she visits she is able to reconnect with the liaison service team.

"Mater is so lucky to have these strong women who represent our culture," Jemma said.

"It's a hard job, but for them it's not just a job, they do it because they love it. They are a credit to the hospital."





## CELEBRATING MATER PEOPLE AS

## **MERCY IN ACTION**



Mater Centre for Neurosciences Advanced Epilepsy Service team members Annett Koenig, Peter Jones, Dr Sasha Dionisio, David Prime (back row, second from right) and Dr Linda Tjoa with Scott Anderson (front row, third from right).

Mercy Week, held every year in September, is a celebration of Mater's heritage and identity.

It was on 24 September 1827—a day now celebrated as Mercy Day—that Catherine McAuley established the House of Mercy in Baggot Street, Dublin. Four years later Catherine founded the Sisters of Mercy, a group of irrepressible religious women who would go on to establish Mater in 1906.

A time of celebration at Mater, Mercy Week culminates with the Mercy Awards—to honour those individuals and teams who go above and beyond the expectations of their roles within the framework of our Mission and Values.

The 2016 Mercy Award winners reflected Mater's identity—as we honoured Scott Anderson, a Mater Person for more than 30 years, and our Mater Centre for Neurosciences Advanced Epilepsy Service team, established in 2015—diverse in their contributions and length of service, but united by a commitment to our Mission.

#### **Bringing out the best in people**

Mater Administrative Coordinator, Clinic Services, Scott Anderson knows how to bring out the best in people.

This special quality, along with his unwavering commitment to doing his best for patients and fellow staff members alike, earned him the honour of being named Mater's 2016 Mercy Week Mission Award individual winner.

"Scott treats everyone, regardless of role or status, with respect, dignity and acceptance and willingly goes beyond the boundaries of a role description to ensure that the best that can be done, gets done," his nominator said.

### "Scott provides us with a wonderful example of living the Mater Values through his daily actions and interactions."

As is often the way with those who are truly exceptional, Scott shied away from the limelight, rather highlighting the contributions of others.

"I'm extremely humbled. I feel like others deserved it more than me," he said.

The recognition, whilst unexpected, simply affirmed his commitment to living the Mater Mission each day, he said.

#### Compassionate care for each and every patient

Established little more than a year ago, the Mater Centre for Neurosciences Advanced Epilepsy Service has quickly won the hearts of not only its patients and their families, but Mater People.

Several Mater People, many of whom had witnessed the team's commitment in action, were moved to nominate them for a 2016 Mercy Week Mission Award.

"All patients, no matter what their situation, are treated with the utmost respect and compassion," one nomination read.

"The team will always come up with a plan for their patients—no matter what the findings—whether it's a change in medication, further investigation with stereotactic EEG, surgery to remove the affected lobe of the brain, or referral to the movement/functional disorders clinic," it read.

Epileptologist Dr Sasha Dionisio, who heads the Advanced Epilepsy Service, praised the efforts of his team when accepting the award.

"It's a great honour to win—we've only been around for a short time, yet we've made a massive impact on so many people's lives because every member of this team is phenomenal!

"We love what we do. This is not a job. We all celebrate as a team, especially when we can perform surgery and help people. We feel the pain when we can't do surgery—but we don't stop, and that's the beautiful thing," he said.

#### Sasha's drive to make a difference for epilepsy patients

Dr Sasha Dionisio's passion to give epilepsy sufferers access to advanced treatment options and individualised care was also recognised by his patients in 2016, as he was awarded the Epilepsy Queensland Health Award.

Since joining Mater's Centre for Neurosciences in 2015, Dr Dionisio has re-shaped existing epilepsy services to create a leading epilepsy care unit that is equipped with state-of-the-art facilities.

His efforts have been reflected in his award nomination, submitted by the parent of one of his patients, who described him as 'the most caring neurologist we have encountered on our epilepsy journey'.

"He has helped my daughter with her epilepsy when no other doctor could."

"He has given her hope. Dr Dionisio will not stop until he gets answers for a patient. We are in debt to him for helping our daughter and he is very deserving of this award" the nomination read

Having trained at the prestigious Cleveland Clinic Epilepsy Centre in Ohio, Dr Dionisio has been able to inject new skills and knowledge about epilepsy care into the unit at Mater.

Dr Dionisio said he was humbled to receive the Epilepsy Queensland Award.

"Receiving recognition for my work is such a great honour and this award is particularly special given the nomination was made by the parent of one of my patients.

"Seeing the transformation in patients when we are able to help alleviate, or sometimes eradicate their epilepsy is an incredible outcome and so rewarding," he said.



## A LONG-STANDING

### **COMMITMENT TO CARE**



Group Chief Executive Officer Dr Shane Kelly, Maureen Gleeson, Chairman of the Mater Misericordiae Limited Board Mr Brian Flannery and Mercy Partners Councillor Mr Daryl Hanly.

#### Maureen's story

For 46 years, Mater has been a significant component of nurse Maureen Gleeson's life. It has given her a rich and fulfilling career, complete with twists and turns she could never have expected; life-long friends; and deep connections with patients she says she won't ever forget.

Maureen's 'Mater story' began on 25 January 1971 when she arrived at the South Brisbane campus as a wide-eyed student nurse. Her training was rigorous, but she says nursing was, for her, an instant love and after graduating as a registered nurse she commenced work in Mater Public Hospital men's surgical ward (Ward 1).

By the late 1970s Maureen had progressed to the role of Charge Nurse and was coordinating the work of six registered nurses and a handful of student nurses in the busy surgical ward.

She was there in 1981 when the newly built Mater Adult Hospital was opened and clearly remembers moving patients from the old ward across to the bright new building.

At Mater Adult Hospital, Maureen became Charge Nurse of Ward 8A where her colleagues say she quickly developed a reputation for always being calm under pressure as well as for her ability to shepherd junior medical staff thrown into the realities of a fast-paced surgical ward.

Life at Mater changed unexpectedly for Maureen in the late 1990s when Ward 8A was closed and she was offered the key role in a pilot project that would trial the installation of a dedicated Breast Care Service at Mater.

Maureen explains the concept was working well in the United Kingdom at the time and Mater was one of the first Australian organisations to want to explore it further.

"We used this opportunity to look at the way care was provided for women with breast cancer. The role of breast care nurse was implemented to provide a patient focused approach that cared for each woman from the point of their initial consultation, through surgery and subsequent treatment," she explains.

"My role as breast care nurse was to coordinate the care for our breast cancer patients: organise their surgery; be with them before and after as a support person; set up connections with community nurses who would visit them once they were back at home recovering; and be on the end of a phone line to talk them through questions and concerns," she said.

The role was one Maureen says she relished.

"Working with Dr Chris Pike who was performing all of the breast surgeries—and there was a very big case load—was very rewarding."

Over the next few years the breast surgery unit grew with additional surgeons and a breast surgery fellow.

"We could tell that what we were doing was working," Maureen said.

The pilot was a resounding success—clinic numbers regularly reached 60—and Maureen found wonderful support in Sister Mary King RSM and Sister Sandra Loth RSM who helped her manage the clinics.

By the early 2000s, Mater's Breast Care Service had been firmly established and Maureen was joined by a second breast care nurse, Carmel Gamble, then later by a third—Michelle Hawksworth.

Mater Hospital Brisbane is now a major service provider to BreastScreen Queensland and a leader in breast cancer service provision.

Maureen has been lauded for the commitment and special brand of care she has brought to her work as a breast cancer nurse and in 2008 she was awarded the Order of Australia Medal (OAM).

Her colleagues speak of her drive for collaboration in her role, her knowledge and expertise, and the caring compassionate nature that has seen her connect deeply with thousands of patients during her career.

Maureen, who has since retired from work at Mater after 46 years of service, simply says she feels privileged to have been part of Mater's story.

"After so many years I feel I am part of the place. I have worked with so many wonderful people and I think I have been able to do some good," she says.

On 28 September 2016, Maureen's exceptional commitment to Mater was recognised at the annual Mater Long Service Awards.

#### **Committed to Mater**

Each year Mater celebrates the many hundreds of staff who have made a long-term commitment to our organisation with the Mater Long Service Awards.

In September 2016, more than 450 staff and volunteers were recognised; their combined service representing an impressive 7365 years of commitment to Mater.



More than 450 staff and volunteers were recognised

450



Their combined service representing 7365 years commitment to Mater

7365

## A COMMITMENT TO

### **EXCELLENCE IN TEACHING**

#### Learning and development crucial to our success

Mater recognises that encouraging a strong learning culture and helping to facilitate the transfer of knowledge between staff is crucial to our success as a multi-faceted healthcare organisation. Since 2003, we have recognised the commitment of our staff to learning and development through the Mater Teaching and Learning Awards. Congratulations to the 2016 Mater Teaching and Learning Awards winners:

**CEO Mission Award** 

Winner: Sue Cosgrove

**Excellence in Teaching** 

Winners: Claire Cureton and Richard Mausling

**Clinical Supervisor of the Year** 

Winner: Lucy Lyons

**Excellence in Translating Research into Practice** 

Winner: Sophie Shrapnel

Sr Eileen Pollard Graduate of the Year

Winner: Kate Engelke

Student of the Year Winner: Kym Ehlers



#### 'I love what I do'

Mater's Diploma of Nursing Course Coordinator, Sue Cosgrove, is, in true Mater style, humble about her achievements. When they were recognised via the CEO Mission Award at the 2016 Clinical Learning and Teaching Awards, she was shocked and a little embarrassed.

"I was proud to be acknowledged, but a little uncomfortable about it being in a public forum; I prefer to fly under the radar!

"It was lovely to know that people wanted me to know that they had noticed, and recognised my efforts," she said.

Sue is recognised by her colleagues and other teaching institutions as a remarkable nursing leader, who in just a few short years has doubled the student intake for Mater's Diploma of Nursing course. While growing student numbers, she has been determined to ensure that graduates reach the highest of nursing standards.

The passion Sue has for her role is clear.

"I love that I am able to work with a great team of people who believe in what they do—shaping highly skilled and compassionate nurses.

"Being able to empower students to grow their understanding and push the boundaries of what they can be is rewarding, and with our team, I try to inspire students to become the best version of themselves," she said.

The ultimate reward for Sue however is knowing a tradition of compassionate care will be upheld into the future.

"I am able to see graduates change the lives of those whom they encounter through their work; it is a great privilege to play a part in that journey," Sue said.

#### Recognising excellence in research

Each year, Mater Research recognises the significant contributions made by its researchers through its annual Mater Research Awards for Research Excellence.

The 2016 winners reflect the institute's commitment to excellence, each contributing to advancements in the future delivery of healthcare within their specified field of research.

### Sr Regis Mary Dunne Medal (for outstanding research contribution)

Winner: Associate Professor Vicki Flenady

Associate Professor Vicki Flenady marked an exceptional year of scientific exploration in 2016/17. She began the year with senior authorship of important new research into stillbirth, published in *The Lancet*, and finished it as lead investigator on Australia's first national research effort dedicated to studying stillbirth and its causes.

### Sr Madonna Josey Medal (for outstanding contribution to Mater Research)

Winner: Associate Professor Kristen Gibbons

Associate Professor Kristen Gibbons has contributed greatly to the operations of Mater Research, overseeing development of the institute's advanced Research Hub, a system other institutes are now trying to emulate.

### Sr Eileen Pollard Medal (for incorporating research into clinical care provision)

Winner: Associate Professor Phillip Good

An expert in the field of palliative care, Associate Professor Phillip Good is well recognised for his work. He has been the recipient of many awards, including a Royal Australasian College of Physicians Cottrell Research Establishment Fellowship and a Churchill Scholarship.

# Sr Michaeleen Ahern Medal (for outstanding levels of performance in the supervision, mentoring and training of postgraduate research students)

Winner: Associate Professor Sailesh Kumar

Associate Professor Sailesh Kumar is known for his excellence as a supervisor and his ability to turn concepts into projects with substantial clinical relevance.

# Doctor Laurence Catley Clinical Student Award (clinical researcher who has made a significant contribution to Mater Research and the community)

Winner: Aleena Wojcieszek

Ms Wojcieszek is a key member of the MRI-UQ Stillbirth Research team. The award allowed her to present at the 2017 International Stillbirth Alliance Conference in Ireland.

# Research Higher Degree Scientific Student Award (scientific researcher who has made a significant contribution to Mater Research and the community)

Winner: Lisa Yamada

The award supported Ms Yamada's attendance at the 2015 World Congress on Development Origins of Health and Disease.



Deputy Director Mater Research, Professor Mike McGuckin (second from right) with A/Prof Vicky Flenady, A/Prof Phillip Good and A/Prof Kristen Gibbons.

### Early Career Researcher Award (recognising exceptional work undertaken at Mater Research)

Winner: Dr Kevin Gillinder

This award allows Dr Gillinder to attend an international scientific conference or an international research institution.

# Simon and Nell George Award (a new award introduced in 2016 to recognise the long-standing support of Mater provided by the George family, particularly in the area of care of neonates and maternal health)

Winner: Associate Professor Paul Dawson

Associate Professor Paul Dawson was awarded \$10 000 in funding to further his research in maternal and/or early childhood health.

# Bill Siganto Award (a new award introduced in 2016 to recognise the long-standing support of Mater provided by the late Bill Siganto and his family, particularly in the area of prostate cancer research

Winner: Associate Professor Kristen Radford

Associate Professor Kristen Radford was awarded \$10 000 in funding to further her research on prostate cancer.

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## HONOURING 25 YEARS OF

# FORMAL VOLUNTEERING AT MATER



Volunteers have played a vital role at Mater since its earliest days, but it wasn't until 1992 that our formal volunteer program commenced.

Established in March 1992 by Sister Pamela Barker, Mater's first volunteer coordinator, the service started with 15 volunteers known as the Helping Hands.

In the years since, our volunteers have continued to expand not only in size but in the ways in which they provide support to our patients, visitors and staff.

From transporting patients for appointments, spending time with frail premature babies when their parents were not able to be at the hospital and supporting patients receiving cancer treatment, to driving isolated patients to their appointments, our volunteers contribute across Mater's three campuses in more than 35 different roles within 95 departments.

Today, Mater Volunteers is one of Queensland's most diverse hospital volunteer programs. In a typical week, more than 750 volunteer shifts are filled equating to more than 80 000 hours contributed to Mater each year.

In 2017, Mater commemorated 25 years of formal volunteering—recognising the generous contributions of those who donate their time and services to support the provision of patient care.

The celebrations culminated with a formal ceremony in May, during which Mater's Board and Executive congratulated our volunteers for their contributions.

# "Volunteering continues in the tradition of the Sisters of Mercy. Volunteers express the Mater Values through their actions.

"I am inspired when I hear the stories of the personal connections, and of the gratitude that patients and their families express for the thoughtful offers of assistance, compassionate gestures and friendly conversations from the volunteers who take the time to listen," Chief Human Resources Officer, Caroline Hudson said.

#### Miracles to the Max

Miracle Max is a well-known Mater icon. First arriving at Mater Foundation as a young puppy in 2004 Max was quickly adopted by hospital staff.

In early 2017, the Miracle Max Club was launched in Mater Mothers—a special club for families who welcome new additions—to support babies in Mater Mothers' Private Brisbane or cared for in Mater's Neonatal Critical Care Unit.

Miracle Max spends time in the hospitals each week, visiting patients and their families and often reads stories to siblings whose baby brother or sister is being cared for at Mater Mothers.

Behind the Miracle Max suit is 24-year-old Adriana, whose commitment to Mater is as strong as the icon she portrays. **Here is her story:** 

The opportunity to play Miracle Max came along unexpectedly when I registered to be a Mater Volunteer.

I jumped at the chance to be Max; a character who means so much for so many. I attended many events dressed as Miracle Max and helped to promote Mater Little Miracles in the community.

Although scary at first, it was exciting and fun and I always looked forward to my next opportunity to play Max.

Before long, I grew to love playing Miracle Max from time to time. I felt comfortable being inventive and creative, and enjoyed giving Max a personality.

When the Miracle Max Club was launched at Mater Mothers, I was thrilled to be asked to play an important part in the new program.

Each week I arrive at Mater and dress up in the Miracle Max costume before visiting the hospital. First to Mater's Neonatal Critical Care Unit (NCCU) and then to the wards—posing for family photos, reading stories to siblings and having lots of fun with the nurses.

For me, playing Miracle Max is an incredibly rewarding experience and I never know what each day will bring.

What I do know is that I am able to create a moment of joy for families whose precious newborns are either seriously ill or premature and being cared for in NCCU.

I see the faces of siblings light up when they see me and I am privileged to hear the stories of the families who pass through Mater.

I bring laughter to the nurses and midwives, whose job it is to care for each and every Mater Little Miracle.

Above all else, by being a Mater Volunteer I am able to have an impact on the lives of others, even if only a small one. And inside the suit, I too am smiling.



# THE PERFECT WEDDING GIFT



Mater Prize Home lottery VIP club member Samantha couldn't believe it when she received the winning call from Mater Foundation's Executive Director of Lotteries, Bruce Dennehy.

When he informed her she was the lucky winner of Mater Prize Home lottery No. 267—a Hope Island home and lifestyle valued at more than \$1.9 million—she was speechless.

"Wow, that's amazing," Samantha said after a brief stunned silence.

Samantha is currently studying midwifery and held off accepting her prize until she had finished exams.

"I didn't want any distractions," she said a few weeks later, sitting in the alfresco area of her new million dollar home—surrounded by her family.

It was a family affair at the handover with Samantha's mum, fiancé Huon, cousin, grandma and pop all present whilst she graciously accepted her amazing prize. They were all completely amazed as they looked around at what was now Samantha's future.

Samantha feels very passionate about Mater's little miracles, and knows first-hand the vital support and care that these babies need.

"I love babies," she said when asked why she'd chosen midwifery.

"I like going home after a shift knowing I've done something spectacular. It's good to know I've made a difference while I was there."

Samantha and her fiancé Huon, high school sweethearts, are getting married and can't wait to start their life together. They are already planning their honeymoon with the travel voucher they won.

Congratulations Samantha and thank you for helping to give our Mater Little Miracles the best possible start to their lives.

In 2016/17, Mater Lotteries distributed more than \$13 million in prizes, including: **Homes** Jetski **Boats Gold Bullion Holidays** In total, almost 300 prizes were given away!

support patient care and research at Mater-

thank you to all who purchased tickets

throughout the year.

## FUND LAUNCHED TO

# HONOUR THE LEGACY OF SISTER ANGELA MARY

To honour the remarkable legacy of Mater's Sister Angela Mary Doyle, Mater Foundation proudly re-launched the 'Sister Angela Mary Fund' to the public at the 2017 Mater Ball, attracting a generous donation of \$1 million to the fund on the evening.

The Sister Angela Mary Fund was established to ensure the continuation of her great work and passion for decades to come.

From her tentative first steps at Mater Private Hospital in 1948 as a trainee nurse, the diminutive Sister would emerge as a transformational force at Mater.

After almost 30 years' service as a nurse, she was appointed Administrator of Mater public hospitals—a role she held for 22 years—during which time she was instrumental in establishing a new adult hospital and developing a world-class service for mothers and babies.

Sister's contribution to Mater was far from over, even when she handed over the reins of administration to inaugural 'lay' Chief Executive Officer, Mr Pat McGuire in 1987.

She was passionate about raising funds for research and new healthcare services, and was Executive Director of Mater Trust (now Mater Foundation) from 1993 to 1997 and a Board member until 2003.

The Sister Angela Mary Fund is exclusively dedicated to funding urgent needs that will directly benefit mothers and babies. It will help to fund state-of-the-art equipment; ground-breaking research in mothers, babies and women's health; and new and revolutionary surgical procedures.

Mater Foundation Chief Executive Officer, Nigel Harris, said he was proud to re-launch the fund for the community to contribute to in the company of many loyal Mater supporters.

"This Fund pays tribute to the blessings of Sister Angela Mary's great work and faith; for the benefit of Queensland's tiniest patients and those who love them," Mr Harris said.

"This is about funding critical needs that have life-saving potential. It will fund innovative new services and exceptional care for mothers and babies, today and for generations to come."

The Sister Angela Mary Fund was originally established as an endowment fund thanks to a generous \$1 million gift made to Mater Foundation by businessman Terry Jackman in 2013.



Sister Angela Mary Doyle.

# MISSION IN ACTION

#### Life-changing operation for 'baby Sam'

Abandoned at just eight-days-old and suffering from a rare developmental abnormality known as bladder exstrophy (where the bladder is external to the body), by the age of two Ugandan toddler Samuel Agaba's future looked anything but bright.

Enter doctors Graham Emblen and David Winkle and a crowd funding campaign that would raise \$30 000 to enable 'baby Sam', as he affectionately became known, to travel to Mater Children's Private Brisbane in June 2016 for lifechanging surgery.

Joined by a team of generous Mater doctors and nurses who volunteered their time, Dr Winkle undertook the life-changing surgery, restoring hope of a bright future for the toddler who won the hearts of all he encountered. "The surgery involved closing the bladder so it becomes an internal organ, leaving the valve mechanism in a position that it might be able to be reconstructed down the track," Dr Winkle explained.

Without the surgery, Sam would have been incontinent for his entire life.

Five weeks after surgery, Sam was well on the road to recovery, with Dr Winkle and his colleagues pleased with his progress, yet conscious that ongoing care and further surgery down the track may be necessary.

"I'm hoping that Sam can now have a life that's close enough to normal for him to go to school, get a job, have a partner...have children.

"I like to think we have helped give Sam the best opportunity to have a good life," he said.



Dr Winkle with 'baby Sam'.

## MATER STAFF STOCK CATHERINE'S ROOM FOR

### PATIENTS IN NEED

On the eighth floor of Mater Hospital Brisbane there is a room with no door. This room is known as 'Catherine's Room'—named for Sisters of Mercy Founder Catherine McAuley—and inspires giving while providing comfort and support to some of Mater's most vulnerable patients.

Stocked with clothes and basic toiletries donated by Mater People, these items are provided to vulnerable patients during admission, upon discharge, or as they are being transitioned into care.

In its five years of operation Catherine's Room has helped thousands of patients with limited financial means, courtesy of generous support from Mater Foundation and the passion of Mater People.

Administrative Coordinator Clinic Services (and 2016 Mercy Award winner) Scott Anderson works closely with the room's founder and coordinator Pastoral Carer, Mary Sheehan, to ensure goods being donated meet changing rates of demand.

"Collecting these goods brings administration staff together—it improves morale when you know you are making a difference to someone in need," Scott said.

"Most patients are genuinely taken by surprise when we're able to provide them with clothing and new underwear. They're humbled and grateful, and to have made a positive difference to someone lifts the spirit of everyone involved—the patient, me and the whole team," Mary said.

"If people can't even afford a toothbrush, how can you not give? We're rich compared to some folks and I just feel it's the right thing to do."

Senior Administration Officer Ann Carmody



Ann Carmody, Mary Sheehan and Scott Anderson.

#### **Containers of support now a Mater tradition**

Each year for more than a decade a dedicated band of Mater People fill a shipping container with disused medical equipment to send to Africa.

The group's partnership with the Queensland branch of worldwide logistics company DHL takes care of transport of the loaded container from Australia to Africa, and once the container reaches African shores its contents are distributed to various hospitals and organisations in need.

A small group of fundraising partners raise money throughout the year to cover costs associated with delivering the container to Mater, then unloading it when it reaches Africa and distributing the supplies.

In July 2016 the container—this time filled with X-ray equipment, IV pumps, stainless steel trolleys, operating table, medical instruments, and linen—was sent directly to the HEAL Africa Hospital in Goma. Mater Group Director Mission Leadership Madonna McGahan said an unexpected bonus of the project was when recipients of the container's goods sent word of their appreciation.

"We know we're doing the right thing when they contact us to say 'We are so grateful for the X-ray machine (for example) because ours broke last week, and it's the only one in the entire region'," she said.

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# CELEBRATING

### **OUR HEART**

Throughout 2016, Mater celebrated the Holy Year of Mercy—a time of grace, peace and joy—by focusing on the 'Heart of Mater'—our People.

Stories of our staff demonstrating our Mission in action (including Peter's story below) were shared during the celebrations, which culminated in a special event on 'Mater Hill' on 15 August; marking 106 years since the first Mater hospital was opened on 'Mater Hill'.

More than 100 people—including Sisters of Mercy, Mercy Partners Councillors, Mater Board and Executive members, and Mater staff—attended the event to acknowledge the Holy Year of Mercy and celebrate the commitment of all Mater People to upholding the Mater Mission and Values, in particular, Mercy.



Chairman of the Mater Group Board, Brian Flannery, Group Director of Mission Leadership, Madonna McGahan, Group Chief Executive Officer, Dr Shane Kelly and Chair, Mercy Partners Council, Dr Ray Campbell attend the special Year of Mercy event.

#### **Peter's story**

For 18 years, Peter Martin quietly worked to help enrich the journey of all whom he encountered.

Commencing at Mater in 1998 as a Pastoral Carer, when asked why he stayed at Mater for almost two decades, Peter answered with that very word—why.

"I think it's about the 'why'. Why does Mater exist? We exist to help people. It is what drives the 'what' and the 'how' we help people, but it's always the 'why' that guides us," he said.

In his role, Peter often assisted patients to find meaning in their experience.

"I believe there is always light in the darkness, it just often comes from patience and faith," he said. Finding the light can often be hard, for both patients and staff, especially during moments of helplessness.

"Our people work so hard to put their patients first, that those moments where an illness can't be cured, where we know someone's journey is going to end, they're always difficult," he said

Peter's interpretation of 'mercy in action' is the very element he demonstrated with grace to everyone at Mater for 18 years.

'Kindness every day. Being kind, and responding with kindness. That's mercy in action.'



Mater's Pastoral Care team gathered to farewell Peter Martin (far left) who after more than 18 years of service to Mater, retired in November 2016.

#### **Sue Svensson and Sue Adams' story**

Mater volunteers Sue Svensson and Sue Adams share more than the same first name. For the past four years, they have worked side by side every Wednesday morning from 7 am to 10 am as 'ambassadors' at the volunteer information desk at the main entrance to Mater Hospital Brisbane (MHB).

As ambassadors, they offer a friendly smile to all who walk through the hospital's front doors. However, they do more than simply greet visitors: they help them find their way around Mater's large and complex South Brisbane campus, walk patients to appointments and visitors to see family and friends in hospital.

Sue Adams describes their role as providing a door-to-door service.

"From the moment we ask, 'How can I help you?' we are happy to stay with them until they get to where they need to be."

The two Sues hit the ground running at 7 am, with many people coming in early for day surgery or simply arriving early to ensure they are on time for an appointment.

They see many new faces every day but also enjoy having a chat with a few 'regulars'.

Sue Svensson has volunteered at Mater for 18 years and has seen many changes, but the Mater Values have been a constant throughout that time.

"I came here to give, but I always take home more than I give. Always!" Sue Svensson said.

#### **Terry's story**

For the past 13 years, our Director of Supply Chain Operations, Terry van der Ham has positively impacted not only those around him at Mater, but people halfway around the world experiencing genuine need.

Shortly after he joined Mater in 2003, then CEO Dr John O'Donnell asked Terry to investigate ways in which Mater could provide some much needed assistance to Mater Misericordiae Hospital in Nairobi, Kenya.

"They sent us a list of items they desperately needed, and not only were we able to source the products, but 90 per cent of them were no longer of use to us in Australia," Terry said.

It would be the beginning of a tradition which continues today, as a group of dedicated Mater People gather each year to collect items which are then shipped to areas experiencing need across Africa, including Kenya, Uganda and the Democratic Republic of the Congo.

For Terry, being able to actually see the difference the equipment makes was an eye-opening experience.

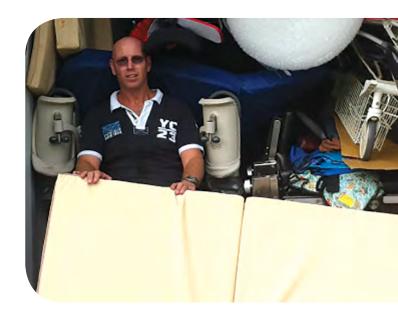
"We knew we were helping people in need, but to actually see the equipment be used really put things into perspective. There are hospitals operating without a reliable supply of electricity, using generators at night to power their buildings—it's something which we'd never see happening here," he said.

Terry's team, who he calls the 'arms and legs' of Mater, like him, never hesitate to go above and beyond to ensure the best outcome is reached for our patients and staff.



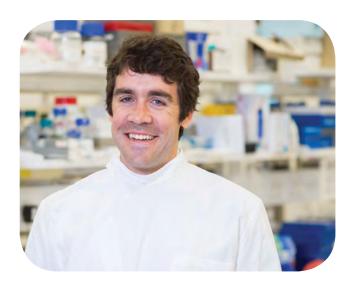
"The fulfilment from being able to give back is a key reason for why I stay at Mater—it's more than just a job; it's genuinely a Mission."

For Terry, it's one without borders.



# CELEBRATING OUR

### **OUTSTANDING RESEARCHERS**





#### **Professor Geoff Faulkner**

Is long-term memory stored in our brain's DNA?

Mater Researcher Professor Geoff Faulkner is on a quest to find out as he surges ahead with groundbreaking research into Alzheimer's disease. Professor Faulkner's investigations received vital backing in October 2016 when he was awarded a \$1.25 million CSL Centenary Fellowship.

The inaugural fellowships support discovery and translational research projects that focus on rare and serious diseases, immunology, and inflammation.

Professor Faulkner's project aims to better explain the genetics of Alzheimer's and how the brain works.

In previous research he has shown that the DNA in our brains is different to the DNA in the rest of our bodies, and that the most striking differences are evident in the brain's main learning centres.

With his current project he is proposing that these changes are associated with how we store our long-term memories.

The CSL Centenary Fellowship will allow Professor Faulkner to test the idea on brain tissue donated by Alzheimer's patients and determine if DNA is involved in memory formation, as well as the implications this might have for the development of Alzheimer's in a person.

"There are plenty of theories for how we learn, and how memories are stored, but we don't know for sure how this aspect of the brain is set up and I am incredibly excited at the prospect of finding out," he said.

#### **Professor David McIntyre**

In April 2017 Mater Mothers' Hospitals' Director of Obstetric Medicine, Professor David McIntyre travelled to Denmark as part of a Visiting Professor Fellowship where he has established a collaboration with local researchers analysing Danish and Australian gestational diabetes data.

Gestational diabetes mellitus, commonly referred to as gestational diabetes, is a specific type of diabetes that only occurs during pregnancy. Women over the age of 35 have a significantly higher risk of developing the disorder, and it can have short and long-term consequences for both fetus and mother.

Rates of gestational diabetes are growing steadily the world over. In Australia approximately one in 10 pregnant women develop gestational diabetes; globally approximately 20 million pregnancies each year are complicated by high blood sugar.

Professor McIntyre said while the initial goal of his Fellowship to Denmark was to develop recommendations and guidelines for the diagnosis and management of gestational diabetes within the Danish health system, the work had broader implications for helping to drive down rates of the disorder globally.

"This project is laying the foundation for careful assessment of the health burdens of gestational diabetes mellitus with a long-term aim of global improvement," he explained.





#### **Dr Jakob Begun**

Mater researcher Dr Jakob Begun is developing a set of genetic tools that will improve treatment options for patients with multiple family members affected by inflammatory bowel disease (IBD).

This niche research project was given an \$85 000 boost in April 2017 when Dr Begun was announced as one of only three researchers in Australia to be awarded a prestigious Viertel Foundation Clinical Investigator Award.

Established in 1996 the awards seek to encourage clinical research in Australia among young researchers.

Dr Begun, a clinical gastroenterologist at Mater Hospital Brisbane and a researcher at Mater Research, said funds from the Award were helping him to carve out a clear investigative pathway for the project.

"We are utilising existing patient derived research materials at Mater and developing a novel set of tools that employs next generation DNA sequencing," Dr Begun said.

"IBD is an increasingly common condition in Australia and one that can be very debilitating. Familial forms of the condition are rarer, but their genetic causes can provide unique insight into the disease as a whole.

"By understanding the genetic causes of disease in these families we will be better able to personalise existing therapies to improve their care," he said.

Before arriving at Mater, Dr Begun trained at Harvard Medical School and Massachusetts General Hospital where he received specialised training in IBD and conducted research on functional genetics in IBD.

# Dr Shelley Wilkinson and Dr Sumaira Hasnain

Using International Women's Day on 8 March 2017 as a launching pad, Mater Research announced the introduction of two annual \$45 000 strategic grants that will support the work of female researchers in our organisation.

Chair of the Gender Equity Working Group at Mater Research, Associate Professor Allison Pettit said the initiative was a clear step towards closing the research and academic gender gap.

"The intention of the grant scheme is to provide a flexible injection of funds to substantially bolster a recipient's research productivity and profile, which will better position them for success in external funding schemes.

"The grants also demonstrate that Mater Research is strategically investing in the success of awardees, which in itself provides a boost to their professional standing," she said

The first two winners of the grants are Dr Sumaira Hasnain and Dr Shelley Wilkinson (pictured above).

Shelley will use the grant as an opportunity to be a site investigator in an international multi-centre randomised controlled-trial aimed at comparing prophylactic oral dextrose gel with placebo in newborn babies at risk of neonatal hypoglycaemia.

For Sumaira, the grant provides a boost to her career, allowing her to become more competitive for NHMRC grants and fellowships, in addition to allowing her to progress academically.





# Susan Rix AM appointed to Mater Board

In February 2017 Mater welcomed Ms Susan Rix AM to the Mater Misericordiae Limited (MML) Board.

A Chartered Accountant with more than 35 years' experience, Susan is a Tax and Advisory Partner with BDO, one of the world's leading accounting and advisory organisations.

After joining BDO as an accountant in 1986 Ms Rix was appointed Partner in 1992. Her extensive experience—which extends across the professional practice, retail, financial services and health sectors—includes taxation, general business and management services, provision of budgets, cash flow projections and providing advice to improve business efficiency and profits. She holds positions on numerous Boards and Committees, including the Brisbane Catholic Archdiocese, Brisbane Catholic Education, and Catholic Foundation.

She is also a Non-Executive Director at AEIOU Foundation and for almost 22 years was a Director at the Cerebral Palsy League.

In June 2014 Ms Rix was awarded a Member of the Order of Australia Medal for her outstanding achievement, service and support to many not-for-profit organisations in Queensland.

She has served as Director with Queensland Rural Adjustment Authority, Queensland Rail Limited, Queensland University of Technology Enterprise Holdings Pty Ltd, and has been involved in large infrastructure projects including the Port of Brisbane Future Port Expansion Seawall Project and the North-South Bypass Tunnel Project.

#### Australia Day honour recognises Catherine's contribution to nursing

Mater Board Director Professor Catherine Turner's career in nursing spans more than three decades and has taken her from patients' bedsides to teaching and research roles.

On 26 January 2017 the substantial contributions she has made to this vital and challenging profession were recognised with an Australia Day honour. Catherine was awarded a Member of the Order of Australia (AM) in the General Division for her 'significant service to nursing through research into nurse practice and population health'.

After training at Mater in the early 1980s Catherine graduated in 1984, winning the Mother Alban Memorial Award for Excellence in Nursing. She has been involved in the tertiary education of nurses since 1992, and in 2005 she established the former School of Nursing and Midwifery at The University of Queensland. From 2008 to 2014, she was Head of the School of Nursing and Midwifery.

She has previously been awarded National Health and Medical Research Council (NHMRC) and Fulbright Fellowships for her research and has published more than 140 peer-reviewed journal papers. Her work has attracted more than \$7 million in Australian Research Council, NHMRC and industry grant funding.

Appointed to the Mater Misericordiae Limited Board in 2008, Catherine has been a Director at Mater Education Limited since 2016. She said she was honoured to be recognised in the Australia Day honours list and thanked those people who have provided inspiration during her career.

"I am humbled and truly honoured to be nominated and acknowledged for my contribution to the nursing and midwifery professions and community.

"I have been privileged to work with some talented, courageous and generous mentors, both colleagues and people for whom I have cared, whom I respect and who have provided inspiration," she said.

# From refugee to Mater nurse—Racheal's story

During Refugee Week 2017, Mater nurse Racheal Magot reflected on her experience as a refugee and how it informs her care of patients with a refugee background.

"I was born in Sudan, but had to leave with my family when I was only eight years old. War had broken out and it was too dangerous to stay. We had to leave our home and hide in the bush. Often we had no food."

Racheal's family fled to a refugee camp in Kenya, which was home for her and her family for 13 years.

"Most of the time, I was happy in the refugee camp. Although there were occasional attacks from the local Kenyan host community, we were relatively safe, we had two meals a day and I was able to go to school."

Racheal received a scholarship to attend a Catholic high school in Kenya. She excelled at school and her brother, who had resettled in Australia, sponsored her to relocate to Australia as a refugee and further her studies.

"Until I came to Australia, I thought life in the refugee camp was the best that life could be. It was all I had known for most of my life—from when I was eight years old until I left at 21 years old.

"It wasn't until after I arrived in Australia that I realised how much hardship there was in the refugee camp."

Racheal overcame the initial challenges of moving to a foreign land and culture.

"The biggest challenge was the language barrier—not just understanding English but also the different accents."

Her priority was to complete a Certificate III in English, and two years later commenced a Bachelor of Nursing to fulfil her goal of becoming a nurse.

Racheal has now lived in Australia for 10 years, been a citizen for eight years and a nurse for five years.

Her own experience provides her with valuable insight when providing culturally responsive care to patients of a refugee background at Mater.

"I enjoy nursing and I'm thankful for all of the opportunities I've had as a refugee in Australia."



## RECOGNISING THOSE

### WHO GIVE SO GENEROUSLY

#### Claire is a willing supporter

Age is no barrier to including a gift in your Will. Just ask 32-year-old Claire Schneider, who has made the generous decision to leave a percentage of her estate to Mater.

"My desire was to make sure that when the time comes for those funds to be released from my estate, they will be used for something that is an area of need," she said.

Claire said the idea had been 'floating around in the back of her mind' for some years—so when updating her Will in April 2017, she took the opportunity to include a gift to Mater.

Claire, a Brisbane barrister, believes that many young people may want to leave a gift, but don't have a Will. She said no matter what age or stage of life, people have a responsibility to those they love to make one.

"I think it's really important for young people to have a Will," she said.

"There are a lot of people who don't have a Will and have families and mortgages. Part of my experience has been my father passing away about three and a half years ago from melanoma and the trauma of losing someone you love is unbearable.

"I couldn't have imagined what it would have been like if he didn't have his affairs in order."

It was her father's death that initially connected Claire to Mater. As his illness progressed, she wanted to do something to show her support—"and that we were in this battle together."



She had spotted Mater Foundation's Smiling for Smiddy competitors at Noosa triathlons. A cyclist herself, she decided to join the 2013 Brisbane to Townsville Smiddy Challenge—flying home two days before the ride ended when her dad's health took a turn for the worse. He passed away the day after the Smiddy riders reached Townsville.

"But I fell in love with everything Smiddy has to offer and what it means."

Claire also joined Mater Foundation's community fundraising committee two years ago.

"The opportunity to contribute in that way is very humbling and it's a good experience," she said.

A Will can be created in a way that ensures family and loved ones are cared for, while there is also a gift that can be used to make a tangible difference.

#### Helping turn vision into a reality

The generosity of the dedicated band of volunteers of BICARE Inc and its founder, Mrs Dorothy Stringer OAM, has helped ensure many important and courageous projects have become a reality.

During the past 30 years, BICARE (Brain Injured Children's Aftercare Recovery Endeavours) has committed more than \$1 million in funding to support health and research projects across Mater.

BICARE raises funds through a volunteer-operated thrift shop in Bardon, with a particular focus on contributing to improved clinical outcomes for young people.

Mater Foundation Executive Director-Fundraising Ms Lesley Ray said that everyone involved in BICARE should continue to feel proud of the impact they have made on the lives of many patients and families cared for at Mater.

"On behalf of all Mater People, I sincerely thank BICARE, its volunteers who work tirelessly, and importantly the founder Dorothy, for their commitment and dedication to supporting some of Mater's most courageous projects," she said.

Projects such as Music Therapy and most recently a research collaboration between Mater Young Adult Health Centre Brisbane, Mater Research and Queensland Brain Institute have come alive thanks to the support of BICARE.

# Nutrition and dietetics team recognised nationally

Mater's Nutrition and Dietetics team were honoured with two awards at the Dietitians Association of Australia (DAA) national conference in May 2017.

Director Nutrition and Dietetics, Sally McCray, was announced as winner of the DAA President's Award for Innovation in 2017 and Dr Shelley Wilkinson was awarded the Research in Practice award.

The President's Award for Innovation acknowledges Sally's work on the implementation and measuring outcomes of Australia's first hotel-style hospital room service at Mater's South Brisbane campus.

The service delivers more than 2000 meals a day to patients and has shown an increase in nutritional intake by patients of between 20 and 25 per cent for both calorie and protein intake. Since the new service was rolled out there has also been an overall reduction in plate wastage by 17 per cent.

Mater clinician and researcher Dr Shelley Wilkinson was awarded the Research in Practice award for her work on gestational diabetes mellitus (GDM) and disseminating best practice care to two regional centres, one in Cairns and one in Toowoomba.

After implementing the best practice model at Mater Mothers' Hospitals, Shelley's project aimed to identify strategies to facilitate implementation at other centres and she is now working on a qualitative analysis of the sites' experiences to further inform expanded engagement with dietitians across the state to adopt this approach.



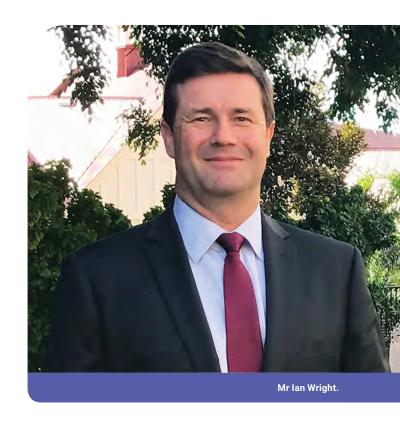
# Mater welcomes Mr Ian Wright as Group Chief Finance Officer

Mater welcomed Mr Ian Wright to the position of Group Chief Finance Officer—an integral role in the financial stewardship of our organisation—in June 2017.

Mr Wright holds extensive experience across both the finance and healthcare sectors having spent the past seven years fulfilling a number of roles at Queensland Health, most recently as Chief Finance Officer and General Manager Finance and Business Services for Health Support Queensland (a commercial Business Unit of Queensland Health).

A Chartered Accountant, Mr Wright is also a graduate of the Royal Military College Sandhurst, awarded a Bachelor of Engineering (Honours) from the Royal Military College of Science. After qualifying as a Chartered Management Accountant in 2003, Mr Wright held senior accountancy related positions in the Army, prior to relocating with his family to Brisbane in 2010.

His appointment to Mater's Group Executive supports our aim to manage our finite resources wisely to allow for the reinvestment of any surplus into the provision of services which benefit the community we are privileged to serve.



# DOUBLE THE MIRACLE



The day twins Alexis and Bryce Zerner were born should have been one of celebration for parents Kim and Gary.

Instead, the couple spent just moments with their newborn son and daughter before the babies were rushed to Mater's Neonatal Critical Care Unit.

Born more than 12 weeks premature, Alexis weighed 1078 grams and younger brother Bryce, just 1132 grams.

Kim and Gary, who had spent years trying to have a baby, were suddenly on a rollercoaster ride of happiness and heartbreak.

"Because the twins were our first babies, I didn't really know what was happening or what to expect," Kim said.

The couple, from Warwick, had been visiting Kim's parents almost 50 km west of Charleville when her waters broke at 28 weeks. The Royal Flying Doctor Service transported her to Mater Mothers' Hospital.

"I assumed I'd have to stay in Brisbane, confined to bed for the next however many weeks, so they could monitor the babies. I wasn't having contractions so it didn't seem like a big deal." But that all changed 24 hours later. Kim started having contractions and nothing could slow them down.

An emergency caesarean was needed, and that's when shock and panic set in.

"Nothing prepares you for that, and it's certainly not how we thought our twins would arrive," Gary said.

"The doctor threw me his mobile phone so we have a couple of photos; one of Kim and one of me—where we are both looking petrified—and one of each of the babies as they were delivered."

It would be close to 48 hours before Kim saw her babies again—and by then, Bryce needed a ventilator to breathe.

"The doctor told us that Alexis' body knew she was about to be born, so her lungs became stronger, but Bryce was just floating around in his bubble not knowing what was happening until he was delivered," Kim said.

It wasn't until nine days after they were born that Kim had her first cuddles with her babies. But the couple soon faced another frightening situation. At two weeks old, Alexis developed bacterial meningitis. "That was definitely our rock bottom; we were thinking she had brain damage, and everything that goes along with that," Gary said.

Ten days later, the couple received what they consider to be their miracle.

"The second scan was all clear. Lexie was fine, there was no permanent damage," Kim said.

The challenges continued. Bryce still struggled to breathe on his own and needed a lot of help. He also had a hernia. The twins developed stage two retinopathy of prematurity (ROP), which fortunately subsided.

Gary finally held Alexis on day 25 and Bryce on day 26.

And then—on day 48—came a beautiful breakthrough. The twins were reunited, and from that day on, Bryce would breathe on his own.

He just needed his twin.

Kim had stayed with her babies through it all.

"I thought at least if they hear my voice maybe it won't be so bad."

After spending another month in special care, on day 74 the twins finally went home.

"It was very surreal to finally be able to take them home; they were still only five pounds each, so they were tiny," Gary said.

The Zerner twins are now 11, full of fun and in grade 6 at school. Bryce has very mild asthma, but otherwise they have minimal health issues.

Guests at the Mater Ball this year saw a video of the twins' first months—testament to the incredible power of donor support—and Alexis and Bryce love watching the footage of their very special Mater journey.

Their parents are incredibly grateful to everyone at Mater.

"All those little things they do go above and beyond and mean so much."

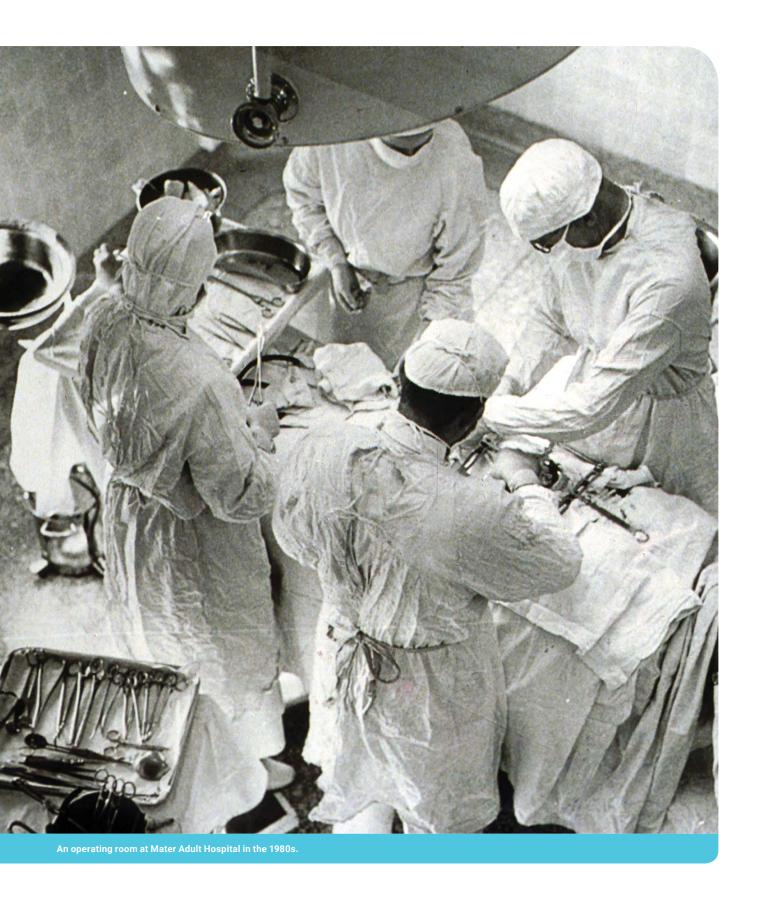


Kim, Alexis, Bryce and Gary Zerner





# FINANCIAL PERFORMANCE: **MATER HEALTH**



Revenue	2016/17
Queensland Health funding	\$463 837 000
Grant funding	\$15 470 000
Patient fees	\$283 993 000
Sales of goods and services	\$98 002 000
Investment income	\$1 689 000
Other revenue	\$28 823 000
Total	\$891 814 000

Expenditure	2016/17
Labour costs	\$571 179 000
Direct (non-labour) costs	\$177 229 000
Indirect costs	\$96 629 000
Asset/financing charges	\$45 980 000
Total	\$891 017 000

Net Surplus/(Deficit)	2016/17
Total	\$797 000

# FINANCIAL PERFORMANCE: **MATER EDUCATION**



Mater Education Limited	Amount
Revenue	\$4 889 968
Expenditure	\$4 049 169
Net Surplus/(Deficit)	\$840 799

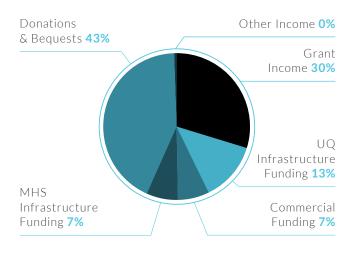
## FINANCIAL PERFORMANCE:

### **MATER RESEARCH**

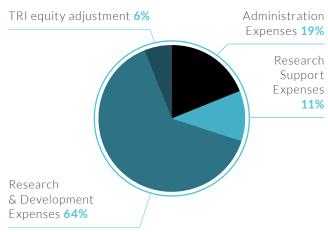
Revenue	Amount
Grant income	\$8 371 772
UQ infrastructure funding	\$3 728 793
Commercial funding	\$2 107 152
Mater infrastructure funding	\$1 833 333
Donations and bequests	\$12 249 120
Other income	\$50 066
Total	\$28 340 236

Expenditure	Amount
Administration expenses	\$5 935 728
Research support expenses	\$3 213 879
Research and development expenses	\$19 351 079
TRI equity adjustment	\$1 973 860
Total	\$30 474 546
Net Surplus/(Deficit)	(\$2 134 310)

# July 2016 to June 2017 revenue streams by type



# July 2016 to June 2017 expenditure streams by type

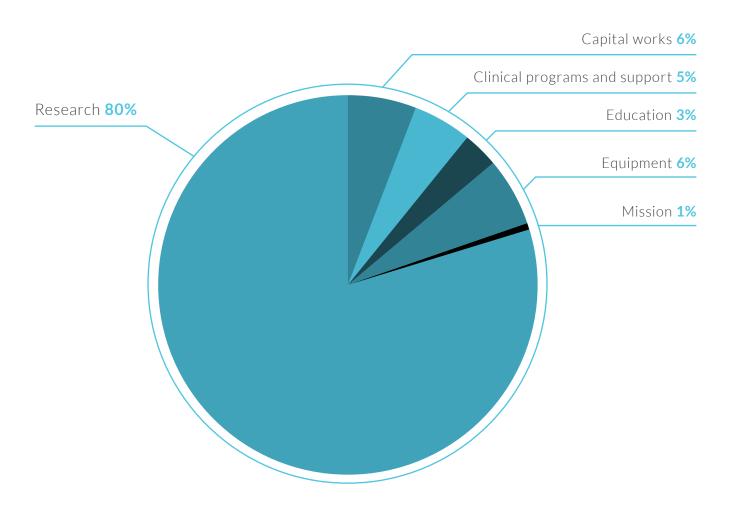


# FINANCIAL PERFORMANCE:

# **MATER FOUNDATION**

Area	Funding provided
Capital works	\$1 016 771
Clinical programs and support	\$813 260
Education	\$491 604
Equipment	\$953 326
Mission	\$104 619
Research	\$13 382 094
Total	\$16 761 674

#### Funded amounts 01/07/2016-30/06/2017



# A STEP BACK IN TIME



An advertisement for Mater Prize Home, for a house in Aspley Heights, Brisbane. Proceeds from tickets were used to support the construction of Mater Mothers' Hospital.

# COMMUNITY BENEFIT



Mater's commitment to serving the community has remained steadfast for 111 years. In 1981, Mater celebrated 75 years of service.

As well as providing high quality, safe, compassionate and sustainable healthcare, fulfilling Mater's Mission demands a planned approach to meeting community need through our community benefit response.

Guided and overseen by the Mission and Ethics Committee of the Board, Mater's community benefit investment is a tangible expression of how we are fulfilling our duty and commitment to enact the key Catholic social teaching principles of respect for human dignity, preferential option for the poor and the common good.

Through a range of community benefit programs, initiatives and activities, we work to make visible our commitment to good corporate citizenship and Catholic social teaching. This ongoing community benefit response comprises activities undertaken in direct response to an identified community need, and where the primary goal is not to bring a direct economic benefit to the organisation.

During 2016/17, a renewed focus on improving transparency of Mater's community benefit response has resulted in reporting against the following categories:

Community benefit contributions	Net benefits
Financial assistance such as planned free, waived and discounted services for those experiencing financial poverty, including direct clinical services or support services such as discounted car parking. It does not include bad debt.	\$1 234 748.24
Community health improvement services	\$4 500
Health professions education activities or programs	\$109 241.25
Subsidised health services	\$4 126 080.59
Research programs (non-commercial)	\$40 000
Cash and in-kind contributions	\$150 000
Community building activities	\$566 055.49
Total community benefit	\$6 230 625.57

Mater's key focus areas	Net benefits
Refugee healthcare	\$233 644.35
Homeless healthcare	\$178 281.29
Aboriginal and Torres Strait Islander Australians healthcare	\$238 195.04
People from rural and remote areas with limited access to healthcare	\$150 000
People experiencing financial poverty associated with their health	\$1 239 248.24
People experiencing chronic illness including mental health, addiction	\$1 263 867

# MATER STATISTICS

Mater patients	Patient discharges	Patient days	Theatre cases	Beds- exc. day
Mater Private Hospital Brisbane	33 059	100 547	11 051	281
Mater Private Hospital Redland	11 139	21 683	4 540	60
Mater Mothers' Hospital	18 495	42 329	4 443	124
Mater Mothers' Private Brisbane	8 571	28 408	2 128	121
Mater Children's Private Brisbane	4 529	6 038	2 671	25
Mater Hospital Brisbane	43 737	84 165	10 893	196
Mater Private Hospital Springfield	10 056	20 892	5 482	64
Mater Centre for Neurosciences	2 627	11 917	1 690	63
Mater Young Adult Health Centre Brisbane	1 675	5 294	N/A	24
Total	129 586	304 062	42 898	958

Emergency attendances	
Mater Hospital Brisbane Emergency	41 899
Mater Private Emergency Care Centre	16 280
Total	58 179

Outpatient clinical	
Mater Mothers' Hospital	126 208
Mater Private Hospital Springfield	14 664
Mater Hospital Brisbane	193 598
Mater Young Adult Health Centre Brisbane	7 128
Total	341 598

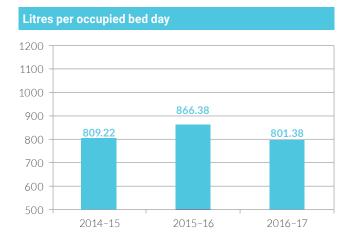
Births	
Mater Mothers' Hospital	6 152
Mater Mothers' Private Hospital	3 763
Mater Mothers' Private Redland	318
Total	10 233

Diagnostic services	
Mater Mothers' Hospital	66 791
Mater Adult Hospital	206 403
Total	273 194

# SUSTAINABILITY AT MATER DATA

#### Water use

Mater continues to reduce water quality risks through various water treatment strategies including increasing water flows of all fixtures and regular flushing of infrequently used outlets.



#### Waste (general, clinical and recycling)

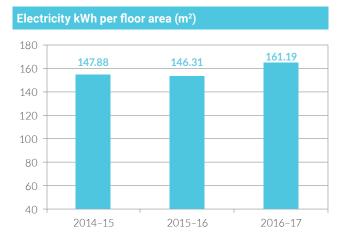
General waste was reduced by seven per cent and clinical waste reduced by 11 per cent. Mater Education is delivering simulation training to refine segregation between streams to avoid unnecessary clinical waste costs. Recycling rose by three per cent; however Mater is now reviewing waste management strategies. Space constraints remain a challenge, impacting the storage of recycling for collection. Note that several waste categories have been redefined during the period.





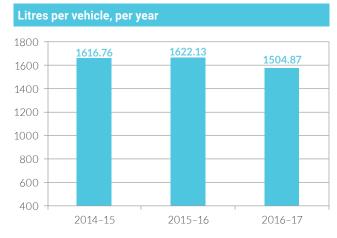
#### **Electricity use**

Electricity use increased by 10 per cent (per floor area in m2) mainly due to the hot summer temperatures in 2016/17. New chillers were commissioned to accommodate growth in our building footprint. Note that adjustments to floor area calculations have been made to reflect changes to tenancies/property ownership.



#### **Fuel consumption (fleet vehicles)**

2016/17 saw litres per vehicle per year fall by seven per cent. This was a result of a review of routes for pathology fleet vehicles and efforts to reduce idling in vehicles while parked. The total number of vehicles fell by 13 cars over the past two years.



#### Paper use

Paper use increased slightly by three per cent. Double-sided printer defaults have been extended to outpatient areas in 2016/17.



## AUXILIARY **REPORTS**

#### **Mater Mothers' Hospitals' Auxiliary**

It gives me great pleasure to look back on another successful year for Mater Mothers' Hospitals' Auxiliary, during which we raised thousands of dollars through our baby gift shop, cake sales, craft sales, Christmas stall and raffles.

These wonderful results would not have been possible without the unwavering support of our volunteers who contributed their time and resources to work in the shop and to make, bake and create the items we sold, from knitted booties to freshly made cookies.

I wish to thank every member for their continued time and effort for a successful year.

In July 2016, the members of Mater Mothers' Hospitals' Auxiliary were delighted to hear how a donation made two years ago for a special project had come to fruition. The donation supported a specialist team from Vanderbilt University Hospital in the United States to come to Mater and work alongside Dr Glenn Gardener and the Maternal Fetal Medicine team to perform surgery on a baby while still in the womb who had been diagnosed with spina bifida. The baby was born premature and spent time in Mater's Neonatal Critical Care Unit, but returned home and is doing well.

It's a very humbling experience to contribute to groundbreaking surgery to help our tiniest babies, and we feel very proud. A number of surgeries have followed since the first last year.

Thank you for your continued support which enables us to help staff at Mater Mothers' Hospitals to make little miracles happen.

I'd encourage you to continue to support the Auxiliary by visiting the pop up shop, open in the foyer of Mater Mothers' Hospital on Tuesdays (8.30 am to 1.30 pm) and Thursdays (10 am to 1.30 pm).

Our Auxiliary comprises a dedicated group of ladies, and often their husbands, some of whom have donated their time for more than 30 years, but we remain on the lookout for new volunteers to carry on the work of the Auxiliary with the knowledge that they are changing lives.

#### **Suzanne Hill, President**

Mater Mothers' Hospitals' Auxiliary



Mater's auxiliaries have supported our organisation for close to 50 years, raising funds to support patient care across Mater.

## Mater Private Hospital Redland Auxiliary

The 2016/17 period was another busy year for Mater Private Hospital Redland Auxiliary with many fundraising events hosted throughout the year. We had some new members join us and they have added much to our hard working team.

During the year our bus trip destinations with the residents from the Prins Willem Alexander Retirement Village were to Mt Tamborine and to the historical St John's Anglican Church in Mundoolun, in the Beaudesert area. Interesting and delightful days were had by all whilst exploring these areas of South East Queensland.

We held a Trivia Night in June which was well attended. A local, well experienced identity hosted the evening and it was a most entertaining and successful event. The venue for this trivia evening was the Redland Sporting Club at Wellington Point and as always, the club was a great supporter of our Auxiliary.

A Spring Fashion Parade and High Tea was held at Ormiston House on the first day of spring. It was a typical glorious Queensland day; the fashions were beautiful and Ormiston House put on a delightful high tea. Guests were also able to take a tour of this magnificent, historical venue.

Our annual mini expo was held in November 2016 and in becoming a Christmas market, the venue shifted to the Redland Museum. There were some interesting stalls including: Mater Chicks in Pink; Christmas cakes and biscuits; festive floral decorations; exotic teas; jewellery; beauty products; and women's fashions. There was also an opportunity to tour the museum and to have a delicious supper in the lovely outdoor area.

With our fundraising this year we purchased: non-slip meal trays for patients; an iStat blood monitor; and with the assistance of a grant from the Redland Foundation, we were able to purchase a cosy cot (baby resuscitation unit) for the third birth suite.

Our Auxiliary would like to thank the supportive locals, friends and families for attending our events. We would also like to thank our donors for supporting the Auxiliary with the donation of raffle prizes and assistance with venue hire. We also extend our thanks to Redland Foundation for their generous grant.

The next year will again be exciting as we have many events planned to raise funds for more patient care items at Mater Private Hospital Redland.

**Debbie Marer, President** 

**Mater Private Hospital Redland Auxiliary** 

## **Mater Hospital Brisbane Auxiliary**

I am pleased to report 2016/17 has been another successful and enjoyable year for Mater Hospital Brisbane Auxiliary, which now comprises ten enthusiastic volunteers.

Our St Patrick's Day concert in March was a great success with the help of wonderful artists giving of their time so generously. We were treated to Irish dancers, singers and flutists. Dr Sarah Cunningham as always was a delight with her Irish ditties.

Our second function in July featured Dr Ann Bramwell who spoke of Australian women who volunteered during World War One—many were nurses in the Australian Defence Force. This was a relevant subject as we celebrated the 100 year anniversary of the ANZACs. Morning tea at Tattersall's was delightful as always (for both events).

In October we hosted our pre-Melbourne Cup 'Hats and High Tea' at Tattersall's Club. Dale Olsen introduced us to designer Rachael Cockerell who conducted the hat parade. Rachael answered questions regarding the hats modelled and gave an insight into how 'Fashion on the Field' is judged at the Melbourne Cup. We thank Dale Olsen for her unwavering support of this function over many years and wish her well in her retirement.

I would like to thank my fellow Auxiliary members for their assistance and support, especially with raffle prizes, and know that 2017/18 is set be another outstanding year.

Nita Buckingham, President

**Mater Hospital Brisbane Auxiliary** 



From top to bottom, left to right: Brian Flannery (Chair), Professor Catherine Turner AM, Dr Geof Hirst AM, John Reynolds, Sr Pauline Burke rsm, Peter Pearce, Susan Rix AM, Adjunct Professor Terry Crawford (Deputy Chair), Vince O'Rourke AM.



## GUIDING THE

## **MATER GROUP STRATEGY**

Our Boards guide Mater's position as a leader across health, education and research. The Mater Misericordiae Limited Board oversees and governs Mater Group, and is supported by our subsidiary Education, Research and Foundation Boards to provide effective oversight and guidance across the entire Group.

### **Our Boards**

#### **Mater Misericordiae Limited Board of Directors**

- Brian Flannery (Chair)
- Adjunct Professor Terry Crawford (Deputy Chair)
- Sr Pauline Burke rsm
- Dr Geof Hirst AM
- Vince O'Rourke AM
- Peter Pearce
- John Reynolds
- Susan Rix AM (appointed February 2017)
- Professor Catherine Turner AM
- Laurence Rogencamp (Company Secretary)

## **Mater Education Board**

- John Reynolds (Chair)
- Dr Shane Kelly
- Professor Catherine Turner AM
- Emeritus Professor Michael Ward
- Laurence Rogencamp (Company Secretary)

#### **Mater Research Board**

- Jim Walker AM (Chair)
- Dr Carrie Hillyard (Deputy Chair)
- Professor Perry Bartlett
- Professor Melissa Brown (resigned July 2017)
- Adjunct Professor Terry Crawford
- Dr Shane Kelly
- Professor Geoff Kiel
- Professor David McIntyre
- Steven Denaro (Company Secretary)

#### **Mater Foundation Board**

- Phil Hennessy (Chair)
- Simon Porter (Deputy Chair)
- Raewyn Bailey (resigned April 2017)
- · Chris Kable
- Dr Shane Kelly
- Xavier Kelly
- John McCoy
- Bill Noye
- Joseph O'Brien
- Allan Pidgeon
- Professor John Prins
- Susan Rix AM (appointed April 2017)
- Jason Titman
- Janet Wilson
- Laurence Rogencamp (Company Secretary)

#### **Holy Cross Laundry Board**

- Vince O'Rourke AM (Chair)
- Maree Blake
- Richard Marszalek
- Professor John McAuliffe
- Laurence Rogencamp (Company Secretary)

# A CONNECTED GROUP

Our Group Executive comprises 14 leaders from across Mater's core components of Health, Education, Research and Foundation, ensuring Mater operates as a connected group under a single leadership team.

Guided by our Mission and driven by Mater's concerted pursuit of innovation—to discover, improve, adopt and adapt—each member brings a wealth of experience and foresight to their role, underpinned by a commitment to ensuring the continued provision of exceptional care to all whom we are privileged to serve.

## **Mater Group Executive**

- Dr Shane Kelly, Group Chief Executive Officer
- Callan Battley, Chief Nursing and Midwifery Officer
- Donna Bonney, Chief Executive Officer, Mater Education
- Toni Casey, Group Director, Risk and Audit

- Dr John Gilmour, Group Director, Infrastructure and Clinical Support
- Nigel Harris, Chief Executive Officer, Mater Foundation
- Sean Hubbard, Chief Operating Officer, Mater Health
- · Caroline Hudson, Chief Human Resources Officer
- leuan Hyde, Group Director, Strategy, Business Development and Marketing
- David Kempson, Chief Information Officer
- Dr Clare Morgan, Chief Medical Officer
- Madonna McGahan, Group Director, Mission Leadership
- Anna Olson, Group Director, Major Projects
- Professor John Prins, Chief Executive Officer, Mater Research
- Ian Wright, Group Chief Finance Officer







## OUR **DONORS**

Thank you to all our corporate partners, sponsors and supporters. Mater Foundation is so grateful for your contributions to our campaigns and events.

- Accenture
- Allens Charity Committee
- Alpha First Aid Supplies
- All Sports Physiotherapy
- Australia and New Zealand Banking Group Ltd
- Auswide Bank
- Bendigo Bank
- Bottlemart
- BICARE Inc
- Big W
- Brisbane Convention & Exhibition Centre
- Coca-Cola
- Coronis
- Costco Wholesale
- Council of Queensland Insurance Brokers
- Desert Dwellers
- Eve Health Australia
- Fergies
- Formula Interiors
- Frasers Property
- Garmin Australasia
- qoa
- High Street Underwriting
- Holy Cross Laundry Ltd
- Honda Power Equipment
- Incolink
- In Vitro Technologies Pty Ltd
- Jardine Lloyd Thompson Pty Ltd
- Johnson & Johnson Medical Pty Ltd
- Josh Develop

- K & V Enterprises
- La Vie Property Sales
- Lendlease
- Lions Prostate Cancer Research & Treatment Project
- Longitude Insurance
- Mancorp Quality Homes
- Mater Volunteers Baby Footprints
- Medtronic
- Misa Constructions
- Mondo Architects
- National Storage
- Neals Event Hire
- Nine Network
- Oatley Fine Wine Merchants
- Olympus Australia
- Optus
- Oxmar Properties
- Pacific Resorts Hotel Group
- Perrigo Australia
- Pitcher Partners
- Plantation Homes
- Pointcorp
- Professional Cleaning Services
- Ouantum
- Peter Quinn Pty Ltd
- RACQ
- realestate.com.au
- rebel
- Ronald McDonald House Charities
- Russells
- Southern Cross Austereo
- Springfield Land Corporation
- Springmount Services
- Stryker
- Summit Fleet Leasing & Management

- Sunnybank Community & Sports Club
- Supa IGA, IGA and IGA X-press stores of Queensland
- Tatts Group
- Ten4Men
- The Advertising Works
- The GPT Group
- The Myer Centre—Christmas Wrapping
- Waterfront Place by Dexus
- Woolworths Caltex
- Zupps AHG Qld

Mater Foundation thanks all the Trusts and Foundations, fundraisers, donors, lottery supporters, and participants in our events during 2016 and 2017.

Your support of Mater Foundation contributes to the provision of exceptional care at Mater and supports world class research and positively impacts the lives of patients and their families every day.

- Amanda Flynn Foundation
- Ausenco Foundation
- Child's Play Charity
- Community Enterprise Foundation
- Cory Charitable Foundation
- The Curavis Fund
- Dry July Foundation
- Duncan Family Trust
- The Greig-Asbury Foundation
- The Flannery Foundation
- Knappick Foundation
- The Marian & EH Flack Trust
- Queensland Government, Gambling Community Benefit Fund
- Macquarie Group Foundation
- The Harry Secombe Foundation
- The Sheehan-Birrell Foundation

- The John and Margaret Schneider Charitable Trust
- The Siganto Foundation
- The T Weston/M Morrison Trust
- GJ and PK Bird
- Geoff Carrick
- Brett and Maria Clark
- Heather Craig
- John and Kay Gallagher
- Andy Greig and Ingrid Asbury
- Nigel and Lee-Anne Harris
- John and Gay Hull
- Ingrid Kaiser
- Graham Kay
- Moustafa Kheir
- Warwick and Wendy King
- The Liu Family
- Stella Lutvey Trust
- Dan and Kathy Madden
- Peter and Mary Pal
- Kim Pradella
- The Richards Family
- Jim and Lisa Sheu
- The Siemon Family
- John Waller
- Sunny Wu and Anna Liao
- Dr Felice Zaccari OAM & Margredel Zaccari
- Fundraising efforts of Mater Hospital Brisbane Auxiliary
- Fundraising efforts of Mater Mothers' Hospital Auxiliary
- Fundraising efforts of Mater Private Hospital Redland Auxiliary
- Fundraising efforts of All Hallows School
- Fundraising efforts of Edwina McVeigh—Cocktails for a Cure

- Fundraising efforts of Katherine Brown–Katherine's Journey
- Fundraising efforts of Logan Police, Mt Lindsay Ulysses Motorcycle Group and Bunnings Browns Plains
- Fundraising efforts of Mary Lakey Legacy
- Fundraising efforts of Meandarra School of Arts Hall Heart Health Committee
- Fundraising efforts of the Olivia's Lunch Committee
- Fundraising efforts of Professor Michael McGuckin
- Fundraising efforts of Paul Dawson and friends
- Fundraising efforts of The Premier Dance Academy
- Fundraising efforts of QPAC Treats
- Fundraising efforts of Riverlakes Childhood Cancer Charity Golf Day

# Mater Foundation expresses its sincere appreciation for the charitable bequests received from the following:

- Estate of Wilhelmus-Johannes De Goede
- Estate of Margaret Anne Hulett
- Estate of John Ronald Hunter
- Estate of Brian Leonard Phillips
- Estate of Heather Shannon
- Tony and Maree Joseph as Trustee for The Anthony Joseph Family Trust

# Mater Foundation would like to thank all our participants in fundraising events throughout the year:

- Breast ever Brunch
- Miles for Memories
- Climb for Cancer
- Give your Heart to Mater Little Miracles
- IGA Lord Mayor's Christmas Carols
- Mater Golf Day
- Mater Ball
- River to Rooftop
- RACQ International Women's Day Fun Run
- Smiling for Smiddy
- Stadium Stomp
- Tea for Teal

# HOW YOU CAN

## **HELP MATER**

Donations to Mater Foundation help purchase life-saving medical equipment, improve patient care and ensure our research teams can continue to find better ways to diagnose, treat and ultimately cure life-threatening diseases.

There are a number of ways you can support Mater in fulfilling our Mission to provide compassionate care to those who need it most.

## Make a donation

Whatever the amount, all donations have a positive impact. A gift to Mater could support a life-saving research project, enhance patient care or help a family in need.

## Make a monthly donation

You can support Mater with a regular monthly gift by direct debit or credit card. By becoming a monthly donor you will help us fund various research and healthcare programs.

## Leave a gift in your Will

A gift in your Will can help Mater provide exceptional care for future generations.

## **Buy a lottery ticket**

By purchasing a ticket in a Mater lottery you can change both your life and the lives of patients at Mater.

# Participate in one of our community events

Mater Foundation hosts several events throughout the year which raise funds for several key initiatives. You can participate in any of these events, or host your own.

For further information about how you can support Mater, including information about our community events, please visit materfoundation.org.au or phone 07 3163 8000.









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## Connect with us

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