

Glucose Tolerance/Challenge Test - Patient Information

You will be required to return for further blood tests at the following times:		
Test number 2	Your second blood test will be at: (60 min post glucose load)	
Test number 3	Your third blood test will be at: (120 min post glucose load)	

(For Glucose Challenge Test, test number 3 is not required)

- Please remain close to the Mater Pathology collection centre for the duration of testing.
- Please return to the Mater Pathology collection centre for your next blood test 5 minutes prior to each of the above times.
- During the testing period you must avoid all fluids including coffee, tea, fruit juice, soft drink and alcohol, chewing gum or eating mints, as it will interfere with results.
- No smoking during the test.
- You may drink water throughout the test.
- Do not eat again until after your final blood test has been done.
- Should you experience any discomfort or feel unwell, sick in the stomach or dizzy, please return to the Mater Pathology collection centre and advise the collection staff.

For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours. Mater Pathology Collection Centre information and opening hours are available at pathology.mater.org.au

Collection centre: _____

Telephone number: _____

These instructions should not be varied except on advice from your doctor.