

## 5HIAA Urine Collection - Drug & Diet Sheet

The following foods **MUST BE AVOIDED** for 3 days prior to the collection of urine, as well as during the 24 hours of collection:

- Avocado
- Eggplant
- Pineapple and pineapple juice
- Tomato
- Banana
- Kiwi fruit
- Plums and plum jam
- Walnuts

Certain medications can affect the result of this test. Therefore, please provide a list of all medicines you are currently taking, along with the date and time of last dose.

### Medication List

Please complete and return this list with your form and urine for testing.

Medication	Dose	Frequency

**These instructions should not be varied except on advice from your doctor.**

For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours. Mater Pathology Collection Centre information and opening hours are available at [pathology.mater.org.au](http://pathology.mater.org.au)