

# Paediatric Urine Test – Instructions for collection

## Equipment required:

- Paediatric urine collection bag
- Yellow capped specimen jar
- Specimen bag

NOTE: Please assist us to obtain a urine sample from your baby by securing the urine collection bag as per the following instructions, collected as close to your appointment time as possible.

## Instructions for use:

- Wash hands thoroughly before applying the collection bag.
- Clean area with baby towelette wipes to ensure area free from any contaminants.
- Make sure the genital and perineal areas are clean and dry (bathing an infant before collection is desirable but avoid any powder or cream being applied).
- Hold the urine collection bag by the plastic between the thumb and forefinger.
- Peel back the adhesive coating around the opening of the urine collection bag, being sure not to touch the area with your hands.
- Separate infant's legs:
  - For Boys: Position penis naturally through bag opening with excess of bag toward the feet. Press adhesive firmly to entire perimeter without puckering.
  - For Girls: Start from the bottom up with the adhesion at skin flap. Press firmly to skin with excess of bag toward the feet.
- The nappy should be loosely fitted to allow unimpeded filling of the bag. Keeping the child upright also minimises specimen loss.
- Discontinue using the bag if the skin develops symptoms of irritation (e.g. redness).
- When removing the urine collection bag, start at the front (urethral area) and work back towards the perineum gently peeling the adhesive away.
- Using disinfected scissors cut the top off the urine collection bag and empty the entire collection bag into the sterile urine container, avoiding hand contact with the sterile side of the lid.
- Label the container with surname, first name, date of birth, date and time of collection. Place in specimen bag.
- Specimen should preferably be refrigerated and taken to the collection centre or doctors surgery as soon as possible.

NOTE: Soiled nappies will contaminate the specimen. The urine sample only needs to cover the base of the specimen container (approx. 2ml).

For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours. Mater Pathology Collection Centre information and opening hours are available at [pathology.mater.org.au](http://pathology.mater.org.au).

Collection centre: \_\_\_\_\_

Telephone number: \_\_\_\_\_