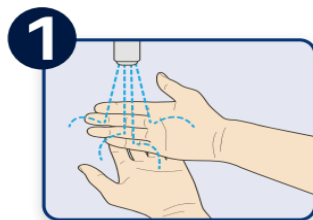


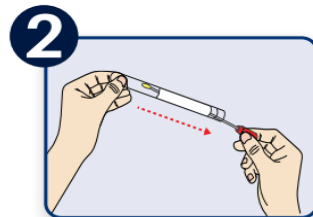
HPV Test: Self Collection Instructions

Swab required: Copan FLOQswab 552C.80

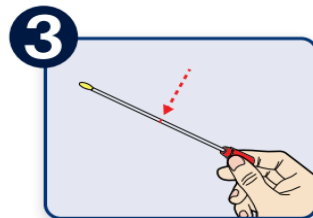
Preparation



1 Wash your hands with soap and water.
Remove your underwear.



2 Twist the red cap open and pull out the swab.

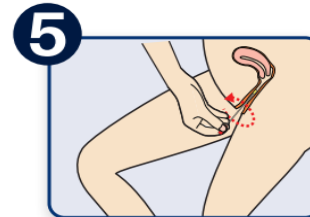


3 Find the red mark halfway down the stem of the swab.
This is the mark that you are aiming for in step 5.

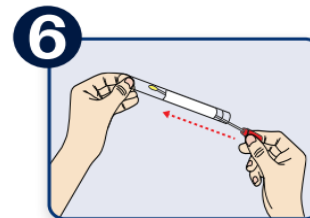
Sample collection



4 Sit or stand in a comfortable position. Some prefer to place one leg on the toilet seat or a raised platform, while others prefer to squat down.



5 With one hand, hold open the folds of the vaginal opening. Insert the swab into your vagina, aiming for the red mark. Gently rotate the swab for 20–30 seconds.



6 Remove the swab, place it back in the tube and twist gently to seal. Wash your hands, then return the sealed tube to the doctor or healthcare professional.

Please write your full name, date of birth, date and time of collection on sample.

Images developed by the NSW STI programs unit.