

# Springfield Scoop

Healthcare for the people of Greater Springfield



A rising star in healthcare

Springfield's Sebastian Jovanovic is following in his parents' footsteps as he embarks on a career in healthcare.

Raised by two nurses, Sebastian has always understood the importance of caring for others and has been inspired by the impactful work of his mum and dad to enter the healthcare profession.

Currently enrolled in Mater Education's Diploma of Nursing course at Mater Health Hub, Springfield, Sebastian is also getting hands-on experience at Mater Private Hospital Springfield where his mother, Billy, works as a Nurse Unit Manager in the Cancer Care Centre.

Billy was ecstatic when she heard that her son was stepping into the family business.

"We're so very proud of him as he takes this next step!" she said.

This hospital-based training not only allows students like Sebastian to apply their theoretical knowledge, but it also offers a nurturing environment where students can learn from experienced doctors, nurses, and volunteers.

"It doesn't matter if you're studying or working here, it's all just massive smiles and positive attitudes," he said.

Sebastian's ultimate goal is to further his studies and become a doctor, showing his determination and dedication to making a difference in the healthcare industry.

To learn more about entering a healthcare career, visit **matereducation.qld.edu.au**.

#### Welcome

### Welcome to the third edition of Springfield Scoop.

As a community, Greater Springfield punches well above its weight when it comes to supporting one another and improving services for people living in this rapidly-growing region.

This was evident in the enthusiastic participation we witnessed earlier this year in the International Women's Day Fun Run 'Walk Your Way' event in March and the Kalbar Sunflower Festival in April.

Both events raised funds to improve the care and outcomes of people in our community living with cancer, ensuring they have access to new medical equipment, life-changing research, and the very best compassionate care.

Mater has been committed to addressing the healthcare needs of the Greater Springfield community since opening Mater Private Hospital Springfield in 2015.

Mater's first purpose-built health, education and wellbeing centre has now opened in Springfield to provide the community, particularly families, with greater access to allied health services close to home.

Mater Health Hub, Springfield has provided local mums and bubs with access to clinical expertise on their doorstep, including lactation consultants, dietitians, physiotherapists and psychologists, eliminating the need to travel to Brisbane for postnatal care.

Now, we are watching the new Mater Public Hospital Springfield literally come out of the ground, with construction expected to be completed in late 2025 and the hospital opening in a phased approach in early 2026.

This new facility, including Springfield's first Emergency Department, Intensive Care Unit, and maternity services, will significantly enhance access and choice to highquality healthcare in our community.

Our new services will be comprehensive, compassionate and world-class.

These are exciting times for Mater and for Greater Springfield, and Mater is proud to be at the forefront of caring for our community.

#### **Suzanne Hawksley**

General Manager Mater Private Hospital Springfield









# Springfield's new hospital starts to take shape

The construction of Greater Springfield's new hospital is advancing, revealing more of its unique architectural design as the hospital's structural framework takes shape.

Located on Mercy Avenue, the hospital will span nine levels and cover an area of 38,000sqm, incorporating sustainable elements such as energy and water efficiencies to reduce consumption.

The building will also have a separate state-of-the-art central energy plant and Mater has applied for a Green Star Rating with the Green Building Council of Australia.

Green Star is a globally recognised rating system that certifies sustainable buildings to reduce the impact of climate change, improve health and quality of life, conserve biodiversity and ecosystems, and promote market transformation and a sustainable economy.

Mater Public Hospital Springfield will open via a phased approach in early 2026 and will deliver 174 additional beds for the local community.

## Springfield's first 'Sea of Pink' attracts hundreds

Breast cancer survivors and their families were among 200 people who helped paint Springfield pink for the community's first International Women's Day Fun Run, presented by Queensland X-Ray.

Runners, joggers and walkers completed a 5km course from Mater Private Hospital Springfield to Mater Health Hub, Springfield to help raise money for breast cancer research, services and equipment.

Brookwater cancer survivor Maria Jenner took part in the event with her 12-year-old daughter Penina and said it was "very overwhelming".

"Having my daughter and family join in and meeting other families that went through the same struggles we did was the highlight for me," Ms Jenner said. "There are so many words to describe the event – it was emotional, exciting and empowering."

Leading Springfield's 'Sea of Pink' was Mater Private Hospital Springfield General Manager Suzanne Hawksley, Mater Cancer Care Centre Nurse Unit Manager Billy Jovanovic, Jordan MP Charis Mullen, Oxley MP Milton Dick and Springfield City Group Chief Executive Officer Raynuha Sinnathamby.

Springfield's first International Women's Day Fun Run 'Walk Your Way' contributed to Queensland's biggest breast cancer fund-raising event and highlighted the local community's dedication to making a difference in the fight for breast cancer.





# Mater's new maternity and birthing services, coming soon to Springfield

Mater is expanding its healthcare offerings in Springfield to include Australia's largest maternity service, which will provide comprehensive maternity care for expectant mothers and growing families in the community.

The new marternity ward is set to open in early 2026 as part of the new public hospital built through a partnership with the State Government.

The state-of-the-art facility will feature a Pregnancy Assessment Centre (PAC) and six modern birthing suites, including two with birthing baths equipped with mood lighting and Bluetooth connectivity.

The new maternity and birthing ward will also have 16 maternity beds and 16 neonatal cots for newborns who need extra care in the days and weeks after birth.

With a focus on safety and comfort, Mater's team of experienced obstetricians, midwives, nurses, and support staff will ensure the highest quality of care tailored to individual needs.



mothers

Mater Mothers' Springfield is dedicated to providing exceptional care and support to mothers and their newborns throughout every stage of pregnancy, childbirth, and beyond.

Mater is looking forward to serving you and your family with compassion and expertise as you embark on the incredible journey of parenthood.



Scan here for more information about Mater Public Hospital Springfield.



The wet weather did not dampen the spirits of festival–goers at this year's annual Kalbar Sunflower Festival, with the three–day festival raising \$110,000 for Mater Cancer Care Springfield.

Attendees were treated to a spectacular sea of yellow sunflowers, themed long lunches, art classes, yoga, helicopter rides and flower-crown making

Mater says a huge thank you to organiser Jenny Jenner and the Kalbar Sunflower Festival team whose fundraising efforts will continue to ensure patients receive seamless and coordinated care from various healthcare providers involved in their treatment including physicians, nurses, social workers and other support staff







Scan the QR Code for a comprehensive list of health and wellbeing services and highly skilled specialists that are available at Mater Health Hub, Springfield



## Mater Health Hub, Springfield

Springfield families now have access to highly trained and experienced allied health professionals right in their neighbourhood.

The Mater Springfield Health and Wellness team are highly trained and experienced allied health professionals committed to providing outstanding quality allied healthcare to people living in the Western Corridor.

The Health and Wellness team based at Mater Health Hub, Springfield – Southern Cross Circuit focuses on preventative care, and efficiently identify and treat conditions to improve the overall health and wellbeing of the Springfield community.



#### Mater Physiotherapist Karyn Devlin

is specially trained to assess and treat a range of conditions that can cause pelvic problems, including supporting a woman's physical health and wellbeing before, during and after pregnancy.

#### A wide range of allied health services are available including:

- Antenatal physiotherapy
- Postnatal physiotherapy
- Women's heath physiotherapy
- Men's health physiotherapy.



#### Mater Dietitian Leah Fraser

provides holistic and personalised dietetic care to support a variety of conditions and translates scientific health and nutrition information into practical advice.

#### Dietetic care offers:

- Antenatal and post-pregnancy support for women
- Allergies or food intolerances
- Cancer treatment
- Chronic disease and health support
- Weight management
- Nutrition group classes.



#### Mater Lactation Consultant and Midwife Kate Maynard

compassionately works with parents and their babies to develop breastfeeding skills and overcome feeding challenges.

### Lactation support provides:

- Antenatal support
- Postnatal care including:
  - Positioning and attachment
  - Over supply and engorgement
  - Low supply and supplemental feeding
  - Blocked ducts and mastitis
  - Tongue tie (oral restrictions)
  - · Induced lactation.



#### Mater Clinical Psychologist Natasha Ryan

offers counselling to assist with a range of health and relationship concerns, difficult life transitions or mental health issues; and uses a range of trauma informed, evidence-based approaches working for a holistic and client-centred approach.

### Available psychology services include:

- Cancer and cancer survivorship
- Persistent pain
- Sleep difficulties
- Grief and loss
- Depression
- Anxiety
- Adjustment to chronic health concerns, the impact of ageing and changing function
- Support to engage in medical treatment and allied health interventions.