

5HIAA Urine Collection - Drug & Diet Sheet

The following foods **MUST BE AVOIDED** for 3 days prior to the collection of urine, as well as during the 24 hours of collection:

- Avocado
- Eggplant
- Pineapple and pineapple juice
- Tomato
- Banana
- Kiwi fruit
- Plums and plum jam
- Walnuts

Certain medications can affect the result of this test. Therefore, please provide a list of all medicines you are currently taking, along with the date and time of last dose.

Medication List

Please complete and return this list with your form and urine for testing.

Medication	Dose	Frequency

These instructions should not be varied except on advice from your doctor.

For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours. Mater Pathology Collection Centre information and opening hours are available at pathology.mater.org.au