

Your breast cancer care journey

Below is a typical patient journey at Mater, showing how our multidisciplinary team works together to guide your care.

1

Noticing a change or attending routine screening

You may feel a lump, notice changes in your breast, or attend a routine mammogram.

Your GP or breast screening service may refer you to Mater for further tests.

2

Getting checked – your diagnostic assessment

A Mater breast specialist will perform a clinical breast examination.

You may have imaging tests like a mammogram, ultrasound or MRI.

A biopsy (core needle or fine needle) may be done to investigate any abnormalities.

3

Understanding your diagnosis

Your test results are carefully reviewed by our pathology team.

Our multidisciplinary team will meet to discuss your case and plan the next steps.

Your doctor will explain the diagnosis and answer any questions you may have.

4

Treatment planning

You will meet with your breast surgeon and other key members of your care team.

Your care team may include oncologists, nurses, and allied health professionals.

Together, we'll develop a personalised treatment plan tailored to your needs and preferences.

5

Commencing treatment

Surgery: Your treatment may include surgery (lumpectomy, mastectomy or breast reconstruction).

Medical oncology: Treatment may include chemotherapy, hormone therapy or targeted therapies.

Radiation therapy: If required, this may be part of your treatment plan.

6

Healing and recovery

We will support your physical recovery with post-operative care.

You may work with physiotherapists, occupational therapists, or counsellors.

We also offer emotional and psychological support, because your wellbeing matters.

7

Living well beyond cancer

We will continue to monitor your health with regular follow-ups and imaging.

You will have access to wellness support and Mater's statewide Cancer Survivorship Service.

Telehealth options are available to keep you connected, wherever you are.

**Choose
the experts
who know
breasts best.**

 **mater**