

Instructions for Collection of Faeces Sample (Not for 3 Day Faecal Fat)

Equipment Required:

- Brown capped specimen jar with scoop
- Specimen bag

Instructions for use:

Your doctor has requested a sample of faeces to be sent to the laboratory for examination. Please use the brown top plastic container with scoop spoon that you have been supplied. One scoop is all that is required or about 2.5cm in diameter. Please use the following instructions to assist with making your collection.

Adults: The sample may be collected initially into a large, clean, plastic container, and the scoop spoon used to transfer the required amount into the specimen container. You may also scoop some sample off of a piece of toilet paper. A sample contaminated with urine or menstrual blood is not suitable.

Children: A sample from a child may be collected by placing either a piece of cling wrap or clean Chux cloth in the child's nappy or potty. Specimens collected in nappy liners and those containing urine are not suitable.

IMPORTANT! - Make sure the cling wrap or Chux cloth is not left next to your baby's skin for too long. Remove it as soon as you have collected the sample.

Multiple samples: If multiple samples are collected they must be collected on separate days and:

- Only 1 faeces specimen for culture will be accepted within any 7-day period.
- Only 2 faeces specimens for microscopy/parasite testing will be accepted within any 7-day period.

Please note you must store your sample at the temperature our collector has advised below Doctor/Collector to mark:

Please store the sample at:

- ☐ Room temperature (all others)
- ☐ Freeze (reducing substances only)

Please deliver the sample to your nearest collection centre as soon as possible.

For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours.

Collection Centre:.....

Telephone Number: