

## Faecal Occult Blood – Patient Information

Your doctor has requested you collect a sample for a test called Faecal Occult Blood. It is important that you undertake the following before collecting the sample.

### Medication restrictions—for two days prior to and for the duration of the test period:

- Alcohol, aspirin and non-steroid anti-inflammatory drugs (e.g. Voltaren, Brufen, Indocid, Naprogesic) may cause gastrointestinal irritation and bleeding in some people. Try to avoid use of these for 2 days before your test but if they are prescribed by a doctor you should continue to take them.

### Medication List

Please complete and return this list with your form and sample for testing

| Medication | Dose | Time and date last taken |
|------------|------|--------------------------|
|            |      |                          |
|            |      |                          |
|            |      |                          |
|            |      |                          |
|            |      |                          |

### Collection Procedure:

Specimens should not be collected:

- During or within three days of a menstrual period
- If you have known bleeding haemorrhoids
- If you have blood in your urine

Place one scoopful of faeces into the clean dry brown specimen collection jar provided. Deliver to the laboratory promptly.

\*\*\* Please note that if your Doctor has requested you to collect three samples, these must be three separate samples collected preferably on three consecutive days. It is important that the samples are collected on three separate days. Please don't fill three containers from the one stool. Please ensure you clearly write your full name, date of birth and collection date and times on each of the samples prior to returning them to our collection centre.

**For further information, please telephone Mater Pathology on 07 3163 8500 or your local centre during business hours. Mater Pathology Collection Centre information and opening hours are available at [pathology.mater.org.au](http://pathology.mater.org.au).**

Collection centre: \_\_\_\_\_

Telephone number: \_\_\_\_\_